

OSHER  
LIFELONG  
LEARNING  
INSTITUTE

# Get in Gear

Learn what makes  
OLLI tick and  
how it all revolves  
around you!

p. 27

YOU

Spring enrollment  
begins March 3

Look inside now!  
47 new courses »



**Growing Backyard  
Citrus in  
Northeast Florida**

9



**A Guide to Sea  
Turtles by a Turtle  
Patroller**

15



**Acrylic Painting  
for Beginners**

30



## A SPECIAL THANK YOU

### I.R. Bowen and Katherine H. Bowen Fund of The Community Foundation of Northeast Florida

UNF OLLI thanks the I.R. Bowen and Katherine H. Bowen Fund of The Community Foundation of Northeast Florida for the generous grant to enhance the classroom experience of UNF OLLI students with age-related hearing loss.

## A MESSAGE FROM YOUR OLLI PRESIDENT



**DENNIS J. SULLIVAN**  
**UNF OLLI PRESIDENT**

## Spring is here!

Your OLLI offers a variety of opportunities for your growth and renewal. I extend a personal invitation for you to refresh your mind, body and spirit.

- Grow intellectually by enrolling in a class.
- Deepen your understanding of our area's unique cultural and natural resources by enrolling in an ED-venture.
- Expand your horizons by exchanging ideas and developing friendships with fellow members.
- Cultivate your gifts by investing your time and talent as an OLLI volunteer (VOLLI).

April is National Volunteer Month. Please join me in extending sincere thanks to all who give of themselves to our program. Thank your volunteer instructors for sharing their passions. Thank your member hosts and ED-venture coordinators for ensuring our members are welcomed and supported in their lifelong learning. Thank your team leaders and team members for staffing the organization. Thank the event volunteers who welcome guests and serve as program ambassadors.

Join us. Contribute your community service to UNF OLLI. As a volunteer-staffed, volunteer-led and member-centered organization, we depend on your talents and skills to sustain our vibrant community of adult learners.

## Live Well. Learn Forever.

# SPEAKER SERIES

**FREE TO ATTEND:** Valued at \$10 per session, Speaker Series programs provide OLLI members opportunities to explore new topics, visit other OLLI campuses and share the OLLI experience with friends and family. Reserve early.

**Call (904) 620-4200 or visit [www.unfolli.com](http://www.unfolli.com).**

**WESTMINSTER WOODS**  
(Julington Creek)

**FIRST FRIDAY  
OF EVERY MONTH**  
1:30 to 3 p.m.

**FLEET LANDING**  
(Atlantic Beach)

**SECOND THURSDAY  
OF EVERY MONTH**  
11 a.m. to 12:30 p.m.

**UNIVERSITY OF  
NORTH FLORIDA**  
(Adam W. Herbert  
University Center)

**THIRD FRIDAY  
OF EVERY MONTH**  
1:30 to 3 p.m.

**GLENMOOR**  
(World Golf Village)

**SECOND FRIDAY  
OF EVERY MONTH**  
1:30 to 3 p.m.

Speaker Series instructors and topics to be announced.  
Watch for updates online at [www.unfolli.com](http://www.unfolli.com) and in your e-mail box.

## Come Join Us at The Top...

**Special Premier Membership Available to OLLI Members—An Annual Savings of \$1000!!**

- ~Complimentary Hors d'oeuvres Daily
- ~Dollar Drafts & Wine Specials
- ~Variety of Social Events such as Wine Education, Valued Dining, Cooking Classes, and Women Luncheons
- ~Free Meals & Golf When You Travel



Contact Sarah Bernstein in Membership at 904-396-1687 to schedule a tour & learn more.







# UPCOMING COURSES

## Classes are organized by:

- Location and weekday

## Then listed in the following order:

- Calendar date
- Time of day
- Alphabetical by title  
(if multiple classes start at one time)



Live well.  
Learn  
forever.



## MONDAY at UNF

- 09** **NEW** Growing Backyard Citrus  
in Northeast Florida  
April 7, 9:30 to 11:30 a.m.
- 09** **NEW** Quantum Fields  
April 7 – May 5, 11:30 a.m. to 1 p.m.  
(No class: April 21)
- 09** **NEW** Drones, Apps and Robots:  
Aging in Place Technology  
April 7 – April 28, 1:30 to 3 p.m.
- 10** **NEW** Getting in Touch with Your Inner Cookie  
April 7 – April 28, 1:30 to 3 p.m.
- 10** **NEW** St. Johns Riverkeeper Eco-Heritage Boat Trip  
**ED-venture**  
April 14, 7 a.m. to April 15, 6 p.m.
- 10** **NEW** Spring Cleaning or Organizing:  
Giving the Left Side of Your Brain a Turn  
April 14 – May 12, 9:30 to 11 a.m.
- 10** **NEW** Focus on Foreign Policy  
April 28 – June 9, 9:30 to 11 a.m. (No class: May 26)
- 11** **NEW** On Location: Nature Photography  
May 5 and May 19, 9:30 to 11 a.m.  
**ED-venture** May 12, 9:30 to 11 a.m.

- 11** Travels in South Asia: Myanmar and India  
May 5 – June 2, 11:30 a.m. to 1 p.m.  
(No class: May 26)

## TUESDAY at UNF

- 11** **NEW** Mind-Shifting: Exploring Life's  
Profound Questions  
March 11 – April 8, 1:30 to 3 p.m.
- 12** Intermediate Woodcarving  
Session 1: April 8 – May 27, 9:30 a.m. to noon  
Session 2: July 8 – Aug. 26, 9:30 a.m. to noon
- 12** Open-Focus Brain Training  
April 8 – May 13, 9:30 to 11 a.m.
- 12** Writing Your Life Story  
April 8 – April 29, 9:30 to 11 a.m.
- 12** Intermediate Bridge I  
April 8 – May 27, 10 a.m. to noon



**13** La Florida: The Land of Flowers  
Session 1: April 8 – April 15, 9:30 to 11 a.m.  
**ED-venture** April 22, 9:30 to 11 a.m.  
Session 2: July 8 – July 15, 9:30 to 11 a.m.  
**ED-venture** July 22, 9:30 to 11 a.m.

**13** **NEW** Living Issues in Philosophy:  
Introduction to Logic  
April 8 – April 29, 11:30 a.m. to 1 p.m.

**13** Writing Personal Poetry, Part II  
April 8 – May 13, 9:30 to 11 a.m.

**14** **NEW** Intermediate Bridge II: Simple  
Conventions and Two-Suited Bids  
April 8 – May 27, 1 to 3 p.m.

**14** Current Events  
Session 1: April 15 – July 1, 9:30 to 11:30 a.m.  
Session 2: July 8 – Sept. 23, 9:30 to 11:30 a.m.

**14** What is Jazz?  
April 15, 11:30 a.m. to 1 p.m.

**14** Successful Life Transitions  
Session 1: April 22, 9:30 to 11 a.m.  
Session 2: July, 29, 9:30 to 11 a.m.

**14** Classical Music and All That Jazz  
April 22, 11:30 a.m. to 1 p.m.

**14** **NEW** You Can Grow Roses in North Florida  
April 22 – May 6, 11:30 a.m. to 1 p.m.

**15** Musical Failures and Mishaps  
April 29, 11:30 a.m. to 1 p.m.

**15** **NEW** Intermediate Computer Fundamentals  
May 6 – May 27, 9:30 to 11 a.m.

**15** Ritz Chamber Players Presents  
African-American Composers  
May 20, 4 to 5 p.m.

**15** A Guide to Sea Turtles by a Turtle Patroller  
May 27, 1:30 to 3 p.m.  
**ED-venture** June 3

**15** Your Table, Your History:  
Writing Your Family Cookbook  
Session 1: June 24, 3:30 to 5 p.m.  
Session 2: July 22, 3:30 to 5 p.m.

**16** Creative Writing in a Safe Place  
July 8 – Aug. 12, 9:30 to 11:30 a.m.

**16** Tai Chi for Beginners  
July 8 – Aug. 12, 9:30 to 10:30 a.m.

**16** 21st Century Zoos and the Jacksonville  
Zoo and Gardens  
July 15, 9:30 to 11 a.m.  
**ED-venture**  
July 22 and July 29, 9:30 to 11 a.m.

**16** Open-Focus Brain Training for Golfers  
July 15 – Aug. 19, 9:30 to 11 a.m.



## WEDNESDAY at UNF

**17** **NEW** Open Studio Painting: Acrylics or Oils  
April 2 – May 7, 10:30 a.m. to 12:30 p.m.

**17** **NEW** How a Pair of Spectacles Saved the Republic: A Tale of the Revolution  
April 9, 9:30 to 11 a.m.

**17** Travel Sketching  
April 9 – April 30, 10 a.m. to noon

**17** The Big Bands: A Sentimental Journey  
April 9 – June 4, 11:30 a.m. to 1 p.m.

**17** **NEW** CSI: How Do They Do That?  
Forensic Science for Everyone  
April 9 – April 30, 11:30 a.m. to 1 p.m.

**17** Writing Your Spiritual Autobiography  
April 9 – April 30, 11:30 a.m. to 1 p.m.

**18** **NEW** Mind/Brain 101: An Introduction  
April 9 – May 14, 1:30 to 3 p.m.

**18** Myths and Legends of Famous Last Stands  
April 16, 9:30 to 11 a.m.

**18** **NEW** Contemporary Women's Issues:  
Discourse and Discussion  
April 16 – May 7, 11:30 a.m. to 1 p.m.

**18** **NEW** Finding Florida: The True History  
of the Sunshine State  
April 16 – May 21, 1:30 to 3 p.m.

**18** **NEW** Lasers in Eye Care: Enhancing Safety,  
Accuracy and Vision  
April 23 – April 30, 9:30 to 11 a.m.

**18** My List for Life  
Session 1: April 23, 9:30 to 11 a.m.  
Session 2: July 16, 9:30 to 11 a.m.

**19** Improve Your Internet Search Skills  
May 7 – May 21, 9:30 to 11 a.m.



**19** The String Theory – Learn to Knit  
May 1 – June 18, 1:30 to 3:30 p.m.

**19** Preparing Your Home for Sale:  
A Guide to Home Staging  
Session 1: May 7 – April 21, 11:30 a.m. to 1 p.m.  
Session 2: July 23 – Aug. 6, 11:30 a.m. to 1 p.m.

**19** **NEW** Inshore Fishing 101  
May 7, 1:30 to 3 p.m.

**19** **NEW** Understanding the Economy  
and Investments  
May 14 – June 4, 3:30 to 5 p.m.

**19** **NEW** "Canterbury Tales:" The Prologue  
June 4 – July 2, 1:30 to 3 p.m.

**20** All About Craft – the ABCs of Good Writing  
July 9 – Aug. 13, 11:30 a.m. to 1 p.m.

**20** **NEW** Photo Art: Enhancing Your Photography  
July 9 – July 23, 11:30 a.m. to 1 p.m.  
**ED-venture** July 30, 11:30 a.m. to 1 p.m.

**20** **NEW** Maple Leaf - A National Historic  
Landmark Shipwreck Site  
July 9 – July 23, 1:30 to 3 p.m.  
**ED-venture** July 30, 1:30 to 3 p.m.

**20** American Mah Jongg for Beginners  
July 30 – Aug. 13, 12:30 to 2 p.m.  
(Special schedule: meets Wednesdays and Fridays)

## THURSDAY at UNF

**21** **NEW** iPhone and iPad for Beginners  
Session 1: April 10, 9:30 to 11 a.m.  
Session 2: April 17, 9:30 to 11 a.m.

**21** Tai Chi for Beginners  
April 10 – May 15, 9:30 to 10:30 a.m.

**21** **NEW** Prost! Budweiser Brewery Tour  
**ED-venture** April 10, 10 a.m. to noon

**21** Psychological Type: A Tool for Understanding Yourself and Others  
April 10 – May 8, 11:30 a.m. to 1 p.m.

**21** **NEW** Investing in Marketable Securities: Creating Value and Understanding Investing Myths  
April 17 – April 24, 9:30 to 11 a.m.

**22** **NEW** Cheers! Bold City Microbrewery Tour  
**ED-venture** April 24, 2:30 to 4 p.m.

**22** **NEW** Advanced iPhone and iPad  
Session 1: May 1, 9:30 to 11 a.m.  
Session 2: May 8, 9:30 to 11 a.m.

**22** **NEW** A Top Level View of Energy  
May 1 – May 15, 9:30 to 11 a.m.

**22** **NEW** Tough Love: A Woman, a Man and Mostly Trouble in Modern Literature  
May 1 – July 10, 9:30 to 11 a.m.

**22** Backyard Birds in Northeast Florida  
May 8 – May 15, 11:30 a.m. to 1 p.m.

**23** **NEW** Reform Movements in American History  
May 1 – May 29, 11:30 a.m. to 1 p.m.

**23** **NEW** Discover Kingsley Plantation and Ft. George Island's Ribault Inn Club  
**ED-venture**  
May 8, 9:30 a.m. to 12:30 p.m.

**23** **NEW** Great Ballrooms of the 1930s  
May 8, 11:30 a.m. to 1 p.m.

**23** **NEW** What's Next for You at OLLI?  
May 8, 1:30 to 3 p.m.

**24** **NEW** Get to Know Your Samsung Galaxy Phone or Tablet  
Session 1: June 5, 9:30 to 11 a.m.  
Session 2: June 12, 9:30 to 11 a.m.

**24** **NEW** Amelia Island History and Trolley Tour  
**ED-venture** June 5, 10 a.m. to noon

**24** **NEW** Investor Protection: How to Avoid Ponzi Schemes and Unsuitable Investments  
June 5 – June 19, 3:30 to 5 p.m.

**24** **NEW** Art of our Time: A Beginners Guide to Contemporary Art  
June 26, 1:30 to 3 p.m.  
**ED-venture**  
July 10 and July 24, 1:30 to 3 p.m.



## OLLI FEATURE:

What makes OLLI tick?

Have you ever wanted to know what goes on behind the scenes of your OLLI? It's more than you think!

See page 27.



## FRIDAY at UNF

- 25** **NEW** Introducing Baptist Health's Ageless Wisdom  
April 4, 9 to 11 a.m.
- 25** Great Decisions 2014  
April 4 – May 23, 9:30 to 11 a.m.
- 25** Florida Friendly Landscaping  
April 11 – May 2, 9:30 to 11 a.m.
- 25** Municipal Bonds: A Foundation of Quality  
Session 1: April 18, 9:30 to 11 a.m.  
Session 2: Aug. 15, 9:30 to 11 a.m.
- 26** Essential French Grammar and Readings, Part XII  
May 9 – June 20, 10 to 11:30 a.m.
- 26** Discover JaxPort  
**ED-venture**  July 18, 9:30 to 11:30 a.m.

## SATURDAY at UNF

- 26** Special Interest Group: Photography  
May 31, June 28, July 26, Aug. 29, 9 to 11 a.m.

## MONDAY at FLEET LANDING

- 28** Is Your Hearing Keeping Up with Your Life: The Bridge to Better Hearing and Communication  
April 21 – May 5, 10:30 a.m. to noon

## WEDNESDAY at FLEET LANDING

- 28** **NEW** The Electronics Revolution and Society  
April 16 – May 14, 1 to 2:30 p.m.

## THURSDAY at FLEET LANDING

- 28** Battles of the Civil War  
March 27 – May 8, 1 to 2:30 p.m.

## FRIDAY at FLEET LANDING

- 28** **NEW** Chinese Mah Jong for Beginners  
July 25, 9:30 a.m. to noon

## MONDAY at GLENMOOR

- 29** St. Augustine Lighthouse and Museum  
**ED-venture**  June 2, 11 a.m. to noon

## TUESDAY at GLENMOOR

- 29** **NEW** The Art of the New World:  
Part 1, 1760 to 1900  
May 20 – June 10, 10:30 a.m. to noon

## FRIDAY at GLENMOOR

- 29** **NEW** Fun with Bluebirds  
April 4, 1:30 to 3:30 p.m.

## MONDAY at WESTMINSTER WOODS

- 30** **NEW** Acrylic Painting for Beginners  
April 7 – May 12, 10:30 a.m. to noon

## WEDNESDAY at WESTMINSTER WOODS

- 30** Writing Your Spiritual Autobiography:  
An Introduction  
May 7 – May 14, 11 a.m. to 12:30 p.m.

- 30** Is Your Hearing Keeping Up with Your Life:  
The Bridge to Better Hearing and Communication  
July 9 – July 23, 9:30 to 11 a.m.

## THURSDAY at WESTMINSTER WOODS

- 30** **NEW** Fun with Bluebirds  
June 5, 10:30 a.m. to noon



# WINTER 2014

## ADAM W. HERBERT UNIVERSITY CENTER



12000 Alumni Drive, Jacksonville, FL 32224

### MONDAY ▼

#### **NEW** GROWING BACKYARD CITRUS IN NORTHEAST FLORIDA

April 7, 9:30 to 11:30 a.m.  
1 session, \$15

Increase your knowledge of planting and fertilization, as well as citrus pests and diseases. Learn to select the best varieties. This class is geared toward the residential homeowner.

**Instructor:** Larry Figart, p. 32

#### **NEW** QUANTUM FIELDS

April 7 – May 5, 11:30 a.m. to 1 p.m. (No class: April 21)  
4 sessions, \$30

Stretch your knowledge of quantum mechanics. Following an overview of quantum mechanics, explore the elements of the Standard Model including quantum electrodynamics, strong force, weak force and Higgs field. Learn the mass and charge of the electron, how a neutron becomes a proton, what holds the nucleus of an atom together and how the electron acquires mass.

**Instructor:** Alan Gleit, p. 33

#### **NEW** DRONES, APPS AND ROBOTS: AGING IN PLACE TECHNOLOGY

April 7 – April 28, 1:30 to 3 p.m.  
4 sessions, \$30

Maximize your understanding of the role digital technology will play as Boomers elect to age in place. Reliance on digital technology will increase rapidly in the next 10 years. Learn through visual presentation and active dialog about the rapidly increasing assistive technologies and technologies of the future that will help people manage their own care and remain independent longer.

**Instructor:** Julie Giuliani, p. 33



## MONDAY ▼ Continued

### **NEW** GETTING IN TOUCH WITH YOUR INNER COOKIE

April 7 – April 28, 1:30 to 3 p.m.

4 sessions, \$30

Enjoy the challenges and successes related to baking cookies. Mobilize baking as an avenue for personal reflection via written or verbal forms. Tap into the feelings and emotions associated with baking cookies, beginning with relatively simple recipes and ending with more complex recipes.

**Required:** Self-purchased cookie ingredients and time to bake at home.

**Instructor:** Charles Watson, p. 37

### **NEW** ST. JOHNS RIVERKEEPER ECO-HERITAGE BOAT TRIP

**ED-venture** 

April 14, 7 a.m. – April 15, 6 p.m.

1 session, \$375

Transform your knowledge of the St. Johns River on an exclusive UNF OLLI cruise encompassing a unique blend of Florida history, geology and ecology. Enhance your knowledge and understanding of the myriad issues currently impacting the river. Experts, including award-winning author and documentary producer, Bill Bellville and St. Johns Riverkeeper, Lisa Rinaman, storytellers and river families inform and entertain you as you as you travel our state's original highway. Visit Blue Spring State Park, Hontoon Island State Park, Welaka, Murphy's Creek and Dunns Creek. Fee includes roundtrip transportation from Palatka, fish camp lodging, both lunches and a light breakfast.

**Required:** Transportation to and from Palatka is on your own. While most aspects of the trip are accessible, vigorous health and mobility are required to enjoy all aspects. Information about diet, mobility, special needs and the like will be collected from students. St. Johns Riverkeeper cancellation fees apply. Answers to frequently asked questions and a list of recommended supplies provided. Dinner is on your own. Suggestions provided.

**Coordinator:** Diane Dyal, p. 32

### **NEW** SPRING CLEANING OR ORGANIZING: GIVING THE LEFT SIDE OF YOUR BRAIN A TURN

April 14 – May 12, 9:30 to 11 a.m.

5 sessions, \$35

Simplify your life. Learn how to organize things in your kitchen, home office, closets and more. Guest speaker Christine Stone of Neatly Designed addresses the topic of downsizing.

**Instructor:** Karen Backilman, p. 31

### **NEW** FOCUS ON FOREIGN POLICY

April 28 – June 9, 9:30 to 11 a.m. (No class: May 26)

6 sessions, \$40

Explore major foreign policy issues facing the United States. Students will select each week's topic one week in advance. A moderate amount of reading is involved. Background materials may emerge from coverage of breaking events or from think pieces published in journals including "Foreign Affairs" and "Foreign Policy." Class format is a combination of lecture and discussion.

**Instructor:** Samuel Hart, p. 33






## SPEAKER SERIES

THIRD FRIDAY  
MONTHLY AT UNF  
1:30 TO 3 P.M.



### **NEW** ON LOCATION: NATURE PHOTOGRAPHY

Classroom: May 5 and May 19, 9:30 to 11 a.m.

**ED-venture**  St. Augustine Alligator Farm Zoological Park, May 12, 9:30 to 11 a.m.

3 sessions, \$20 (Fee excludes admission to St. Augustine Alligator Farm Zoological Park)

Stretch your knowledge of the basic elements of photography to include on-location photo shoots at a venue well-known for birds and wildlife. Emphasis on the use of your own equipment. Practice operating camera controls and techniques on birds, plants and naturescapes in combined classroom and field trip settings. Topics include exposure, focus and composition. Learn which equipment and features are important for advancement to more complex forms of nature photography.

**Required:** A digital camera is required for this course. Admission to the St. Augustine Alligator Farm or another location will be required. Payment will be made directly to that venue upon admission.

**Instructor:** Gary Whiting, p. 37

### **TRAVELS IN SOUTH ASIA: MYANMAR AND INDIA**

May 5 – June 2, 11:30 a.m. to 1 p.m. (No class: May 26)  
3 sessions, \$25

**Myanmar:** Finally released from the repressive rule of the military, the country, formerly called Burma, is attracting attention as a tourist destination. Known for the prominent human rights activist Aung San Suu Kyi, who was held under house arrest for almost 15 years and released in 2011, the country's relationships with other countries have begun to improve. The instructor recently visited Myanmar and has many stories to share about this diverse and beautiful country.

**India:** This ancient land has many different travel options, including forts, palaces and spectacular mountain scenery. Learn the history, culture and spirituality of this diverse country that has recently become an influential business hub. Explore both of these fascinating countries.

**Instructor:** Roshan Massey, p. 34

## TUESDAY ▼

### **NEW** MIND-SHIFTING: EXPLORING LIFE'S PROFOUND QUESTIONS

March 11 – April 8, 1:30 to 3 p.m.

5 sessions, \$35

Do you wonder about life's big questions — the ones you thought life's journey would answer? What is truth? What gives purpose to life? What makes us human? Are we our brother's keeper? What is patience? What is intelligence? What is love? What is personality? How is consciousness determined? Can one have a broken heart? What is oppression and how does it happen?

What are your unanswered deeper, wider questions?

Join a discussion of basic philosophical questions! Class participants will be encouraged to submit their profound questions for the next class meeting. Class discussion and interaction will be a seminar format.

**Required:** E-mail access to class materials shared weekly

**Instructor:** Dixie Guill Golden, p. 33



Enroll now!  
Online at  
[www.unfolli.com](http://www.unfolli.com)  
or call (904) 620-4200



## TUESDAY ▾ Continued

### INTERMEDIATE WOODCARVING

Session 1: April 8 – May 27, 9:30 a.m. to noon

Session 2: July 8 – Aug. 26, 9:30 a.m. to noon

Each: 8 sessions, \$65

Intermediate and advanced woodcarvers will find a challenging opportunity in this class. We'll begin with refresher safety instructions, a knife sharpening review and project selection. You'll generally work alone, but the master carver instructor will be available to assist in all phases of project selection, design, carving, finishing and display. This class includes a detailed description of carving knives for anyone wishing to add new knives. Work at your own pace, completing at least one project before the end of the class.

**Required:** Carving gloves and knives, a UNF waiver is required before any student can carve.

**Instructor:** Glenn Ross, p. 36

### OPEN-FOCUS BRAIN TRAINING

April 8 – May 13, 9:30 to 11 a.m.

6 sessions, \$40

How you concentrate influences every aspect of your life. Open-Focus, developed by Dr. Les Fehmi, is designed to develop our ability to consciously shift the way you pay attention – from a narrowly focused attention to a calmer, more flexible and open attention. Open Focus is a practical and effective method for reducing stress-related symptoms and enhancing well-being. Each 90-minute class consists of easy and enjoyable exercises, practiced in a seated position, brief lectures and class discussion.

**Recommended:** Practice between classes. CDs will be provided by the instructor for \$1.

**Instructor:** Martha Bennett, p. 31

### WRITING YOUR LIFE STORY

April 8 – April 29, 9:30 to 11 a.m.

4 sessions, \$30

Begin writing the story of your life and legacy. This course will offer a bullet list of practical steps for beginning the project, including a number of questions and suggestions to pique the memory and imagination. We will focus on class members and their lives, with a high level of participation and exchange of ideas. In the first of four sessions, students will be introduced to the genre, the first of which will be introductory and exploratory. Students will then be asked to explore their memories and do some research into their family/ personal history and return with a "white page" (summary) of their life story to share with the class — if they are comfortable sharing.

**Instructor:** Susan D. Brandenburg, p. 31

### INTERMEDIATE BRIDGE I

April 8 – May 27, 10 a.m. to noon

8 sessions, \$65

Designed for those who have received previous instruction in the game, this course focuses on play of the hand, defense and an introduction to the modern game's simple conventions. Class time consists mostly of actual card playing and assumes a basic understanding of bidding principles.

**Instructor:** John Reeve, p. 36



### SPEAKER SERIES

AT UNF EVERY  
THIRD FRIDAY  
1:30 TO 3 P.M.



Live well.  
Learn  
forever.





## LA FLORIDA: THE LAND OF FLOWERS

Session 1: April 8 – April 15, 9:30 to 11 a.m.

**ED-venture**  April 22, 9:30 to 11 a.m.

Session 2: July 8 – July 15, 9:30 to 11 a.m.

**ED-venture**  July 22, 9:30 to 11 a.m.

Each: 3 sessions, \$25

(Fee includes campus parking pass)

Where is the Land of Flowers? Just look around: we call it home. In 1513, Ponce de Leon stepped ashore the land we now call Florida and named it La Florida: the Land of Flowers. The native flowers and plants he observed persist to this day. Florida has approximately 3,000 species of native plants. The use and value of native plants has been recognized as we become more aware of issues affecting our water and environment coupled with a desire to see more butterflies and birds and experience a sense of La Florida in our own community. Whether a beginner, an experienced gardener or just curious, discover how you can make a difference by learning why, what, how, where and when to use native plants.

### April 8, July 8 – What Are Native Plants And Why Should We Care?

Transform your knowledge of native plants. Discover why they are vital to protecting and conserving biodiversity. Mobilize your ability to become an important player in the management of plants, wildlife and ecosystems.

**Recommended:** “Bringing Nature Home” by Douglas W. Tallamy, available online and at bookstores.

**Instructor:** Sally Steinauer, p. 36

### April 15, July 15 – Maintenance of Native Plants in a Residential Landscape

Discuss plant selection and installation, mulching, pruning and trimming, weed control, watering and replanting, because we rarely get it right the first time. Contrary to what we might wish, native landscapes do not mean they’re maintenance-free. All plantings need care during the course of their lives, some more than others do. A key point to remember is plants tend to grow. What starts as a small row of shrubs along the front of your house, becomes a lifetime pruning chore you may not want. With basic knowledge, you can enjoy the benefits of living with the natives.

**Instructor:** Jake Ingram, p. 34

## April 22, July 22 – Guided Tour of the UNF Sawmill Slough Preserve

Chuck Hubbuch, a curator of the Sawmill Slough Preserve, will lead this tour through a natural habitat for native plants and animals. UNF President John A. Delaney designated this 382-acre area on campus as a preserve in May 2006. The purpose of the preserve is to assure the Sawmill Slough Preserve will persist in a natural condition, protecting the natural water drainage of the slough through campus, as well as the native plants and animals associated with this habitat. Chuck is responsible for overseeing the maintenance of the natural habitats in the preserve and for restoration of these habitats where required.

**Instructor:** Chuck Hubbuch, p. 34

## **NEW** LIVING ISSUES IN PHILOSOPHY: INTRODUCTION TO LOGIC

April 8 – April 29, 11:30 a.m. to 1 p.m.

4 sessions, \$30

Achieve a greater understanding of logic’s basics from sentential connectives and truth tables to principles of inference and definition. The search for tautologies in selected knowledge sets such as science, politics and theology will illustrate the importance of systematic knowledge. The course concludes with Venn diagrams and the use of truth tables in famous wagers.

**Instructor:** Bill Jones, p. 34

## WRITING PERSONAL POETRY, PART II

April 8 – May 13, 9:30 to 11 a.m.

6 sessions, \$40

A continuation of Writing Personal Poetry, Part 1, apply the techniques examined in the first session to both new and old poems. These techniques include alliteration, assonance, consonance, anaphora and more. Class is conducted in a workshop atmosphere, where the instructor and students create together. By the end of this class, write a short poem ready for submission to a poetry journal. Yes, we can and will have fun doing it together!

**Recommended:** “A Poetry Handbook, A Prose Guide to Understanding and Writing Poetry” by Mary Oliver.

**Instructor:** Connie McAuliffe, p. 35

## TUESDAY ▾ Continued

### **NEW** INTERMEDIATE BRIDGE II: SIMPLE CONVENTIONS AND TWO-SUITED BIDS

April 8 – May 27, 1 to 3 p.m.

8 sessions, \$65

Boost your bridge skills to the next level. Concentrate on declarer play, simple conventions and two-suited bids.

**Instructor:** John Reeve, p. 36

### CURRENT EVENTS

Session 1: April 15 – July 1, 9:30 to 11:30 a.m.

Session 2: July 8 – Sept. 23, 9:30 to 11:30 a.m.

Each: 12 sessions, \$90

In this lively course, students discuss topics of interest drawn from readings and other media of the day. Each week, students bring at least one newsworthy article of interest to present to the class. The facilitator assists by keeping the discussion of the topic open, focused and on track.

**Facilitator:** Howard Hodor, p. 33

### WHAT IS JAZZ?

April 15, 11:30 a.m. to 1 p.m.

1 session, \$10

Have you heard jazz and wondered what the musicians were really playing? Louis Armstrong once said, "If you have to ask what it is, you'll never know." Explore the question and endeavor to answer it. Discover jazz, its history, components and the development of the jazz repertoire. Jazz improvisation will be explained with, when possible, performance.

**Instructor:** Bill Prince, p. 35

### SUCCESSFUL LIFE TRANSITIONS

Session 1: April 22, 9:30 to 11 a.m.

Session 2: July, 29, 9:30 to 11 a.m.

Each: 1 session, \$10

Explore practical steps to tackle your transition to retirement and master other late-in-life transitions such as divorce, loss of a spouse and long-term care needs. Discussion will focus on specific measures you can take in advance to understand and ease the impact, including accessing available resources. Using lecture, open discussion and case study, this class examines the financial, legal and public benefit resources available to help those in transition.

**Instructor:** Bill Laird, p. 34

### CLASSICAL MUSIC AND ALL THAT JAZZ

April 22, 11:30 a.m. to 1 p.m.

1 session, \$10

Classical music is essentially European, while jazz is essentially American. Classical music has a 700-year development while jazz has only a 110-year development. Consider the important names you know from classical music and the majority come from Europe. The same holds true of jazz performers and the U.S. Yet, these diverse musicians, who seem to operate in completely dissimilar styles and backgrounds, have much in common. Explore the two styles of music and discover their similarities and differences.

**Instructor:** Bill Prince, p. 35

### **NEW** YOU CAN GROW ROSES IN NORTH FLORIDA

April 22 – May 6, 11:30 a.m. to 1 p.m.

3 sessions, \$25

Boost your knowledge of roses. Learn which roses grow and thrive in North Florida as well as cultivation basics. Visit and receive a guided tour the recently renovated rose garden at the Cummer Museum of Art and Gardens.

**Instructor:** Gene Waering, p. 37

### SPEAKER SERIES

BACK TO SCHOOL  
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## MUSICAL FAILURES AND MISHAPS

April 29, 11:30 a.m. to 1 p.m.

1 session, \$10

Most musicians wear many hats to be successful in the music business. They may perform, teach, compose, arrange, produce, entertain and publish. Your instructor has worn all of these hats with varying degrees of success and failure. This course focuses on vicissitudes of marketing music for films, attempting to develop a new musical style, timing hit recordings, making accidental hit recordings and other interesting issues in the music business.

**Instructor:** Bill Prince, p. 35

## **NEW** INTERMEDIATE COMPUTER FUNDAMENTALS

May 6 – May 27, 9:30 to 11 a.m.

4 sessions, \$30

Accelerate your computer operations including programs, file management and manipulation, accessing and copying music, pictures, videos and data, customizing the desktop and exploring, maintaining and updating its operating system. Learn what to do when the computer freezes — you know it will.

**Instructor:** Joe Adir, p. 31

## RITZ CHAMBER PLAYERS PRESENTS AFRICAN-AMERICAN COMPOSERS

May 20, 4 to 5 p.m.


1 session, \$10

Join Jacksonville's renowned chamber music ensemble for a class featuring the works of historic and contemporary African American composers. Musicians will facilitate a discussion of unique works in chamber music literature. Go behind the scenes with touring classical musicians who share insights about the hidden stories behind the scores and creativity in performance.

**Instructor:** Terrance Patterson, p. 35

## A GUIDE TO SEA TURTLES BY A TURTLE PATROLLER

Lecture: May 27, 1:30 to 3 p.m.

**ED-venture**  Georgia Sea Turtle Center (Jekyll Island), June 3

Lecture and ED-venture: 2 sessions, \$35 (excluding transportation and lunch)

Explore the lives of sea turtles through one classroom presentation, followed by several optional field trips. One optional trip in June will take us on an early morning beach walk to discover turtle tracks leading to a new nest. Another optional trip, an evening in July will give us an opportunity to survey a hatched nest and rescue a baby turtle or two. A third trip will take us to the Georgia Sea Turtle Center on Jekyll Island. Date and times for field trips to the beach will be determined by the class and turtles. ED-venture transportation is on your own, but carpooling is encouraged.

**Instructor:** Jo Ann Hart, p. 33

## YOUR TABLE, YOUR HISTORY: WRITING YOUR FAMILY COOKBOOK

Session 1: June 24, 3:30 to 5 p.m.

Session 2: July 22, 3:30 to 5 p.m.

Each: 1 session, \$10

Stimulate your family's interest in its culinary heritage. Recipe-based memoirs are a hot topic today. Annotated cookbooks that include snippets of family history, essays, family photos, discussions of ethnic culinary roots and recipes inspire stewardship. Putting together such a tome takes thought, interview skills, research skills and good recipe writing techniques. The end result will be a personal and cultural history to share with subsequent generations. Learn food genealogy, the unique cultural DNA of the dishes on your table. Understand the components of a family cookbook and the fundamentals of cookbook writing. Explore high- and low-tech presentation ideas to share your culinary heritage with friends and family!

**Required:** "The Keepsake Cookbook: Gathering Delicious Memories One Recipe at a Time" by Belinda Hulin. Some copies will be available in class. Purchase in advance through The Book Nook, Barnes & Noble or Amazon.com for \$17.

**Instructor:** Belinda Hulin, p. 34

## TUESDAY ▼ Continued

### CREATIVE WRITING IN A SAFE PLACE

July 8 – Aug. 12, 9:30 to 11:30 a.m.

6 sessions, \$40

Do you believe — because you learned in school or life — you aren't a storyteller? Not so! Deep inside, we all have stories to tell, feelings to describe, people and places to share and memories we wish to pass on to loved ones. Join a safe place and write with others. A writer is simply someone who writes. We will write to prompts from the workshop leader, who writes and shares along with workshop participants.

**Required:** A spiral notebook and your favorite writing instrument.

**Instructor:** Connie McAuliffe, p. 35

### TAI CHI FOR BEGINNERS

July 8 – Aug. 12, 9:30 to 10:30 a.m.

6 sessions, \$40

Learn basic Tai Chi principles and move slowly and gently against resistance. Tai Chi breathing method will be incorporated with these movements to improve balance, posture and muscle tone. Expand your OLLI experience through class participation. Practice at home is encouraged.

**Instructor:** Gary Hickenbottom, p. 33

### 21ST CENTURY ZOOS AND THE JACKSONVILLE ZOO AND GARDENS

Classroom: July 15, 9:30 to 11 a.m.

**ED-venture** 

July 22 and July 29, 9:30 to 11 a.m.

3 sessions, \$25

Improve your knowledge and appreciation of zoos. Examine the history, the recent history of conservation and popular misconceptions about zoos. Our own Jacksonville Zoo and Gardens will be included in every session. Learn to evaluate and get the most from your zoo visit. Don't miss this opportunity to go behind the scenes!

**Instructor:** Alan F. Rost, p. 36

### OPEN-FOCUS BRAIN TRAINING FOR GOLFERS

July 15 – Aug. 19, 9:30 to 11 a.m.

6 sessions, \$40

Golf great Bobby Jones observed "the enemy of golf is tension." Discover the practice of Open-Focus (attentional flexibility) through a series of exercises. Learn to apply Open-Focus to dissolve tension and other stressful states, including negativity, anxiety and trying too hard. Improve your game in other ways: decrease muscle tension, improve awareness and enhance creativity. Open-Focus is learned through lectures, experiential learning and class discussion. Practice outside class is recommended for the most successful outcome.

**Recommended:** Please bring a golf ball to class. CDs will be provided by the instructor for \$1.

**Instructor:** Martha Bennett, p. 31





## WEDNESDAY ▼

### **NEW** OPEN-STUDIO PAINTING: ACRYLICS OR OILS

April 2 – May 7, 10:30 a.m. to 12:30 p.m.

6 sessions, \$50

Location: Camellia at Deerwood

Unleash your inner artist. This is an open-studio art class where artists of all levels can paint and learn together. Experiment with painting techniques, color and composition. Receive instructor and peer critiques. Focus on oil and acrylic media.

**Required:** Instructor will provide a materials list to enrolled students.

**Instructor:** Paula Foster, p. 32

### **NEW** HOW A PAIR OF SPECTACLES SAVED THE REPUBLIC: A TALE OF THE REVOLUTION

April 9, 9:30 to 11 a.m.

1 session, \$10

Discover how the American Revolution was almost derailed and how, with the end in sight, one man saved the day.

**Instructor:** Dean Veremakis, p. 37

### TRAVEL SKETCHING

April 9 – April 30, 10 a.m. to noon

4 sessions, \$35

Enjoy sketching a still life, a landscape and people in settings both inside and outdoors. At the first class learn how to make a simple sketchbook and get suggestions for packing art supplies for traveling. Some classes meet at cafes, where participants may stay for lunch. Miller's philosophy of art echoes Renoir's, who said, "For me a picture should be something likable, joyous and pretty. There are enough ugly things in life for us not to add to them." Perhaps this experience will invite you to add something likable, joyous and pretty in life.

**Recommended:** Sketchbook and drawing supplies: pencil, pen and watercolors. Suggestions will be provided at the first class.

**Required:** \$2 payable to the instructor for expenses related to sketching off campus.

**Instructor:** Mary Ann Miller, p. 35

### THE BIG BANDS: A SENTIMENTAL JOURNEY

April 9 – June 4, 11:30 a.m. to 1 p.m.

9 sessions, \$55

Come along on a sentimental journey through the history and music of the big band era. Explore the era's contribution to the war effort at home, overseas and behind the lines. From the early days with the Kansas City Night Hawks through the heyday of the 1940s and the decline of the 1950s, meet the leaders, musicians and vocalists that made up this musical period. Listen to the music and relive those great moments in music, radio and records.

**Instructor:** Joseph R. Fittipaldi, p. 32

### **NEW** CSI: HOW DO THEY DO THAT? FORENSIC SCIENCE FOR EVERYONE

April 9 – April 30, 11:30 a.m. to 1 p.m.

4 sessions, \$40

Increase your knowledge of current developments in forensic science. Dynamic conditions in DNA technology have completely refocused investigative techniques, and older methods, such as fingerprint comparison, are being challenged. Explore evidence chain-of-custody and storage conditions, as well as techniques of identification versus techniques of association.

**Instructor:** Kenneth Nimmich, p. 35

### WRITING YOUR SPIRITUAL AUTOBIOGRAPHY

April 9 – April 30, 11:30 a.m. to 1 p.m.

4 sessions, \$30

Bring your favorite writing instrument with you on this creative armchair journey through your life. No writing experience is required; no reading assignments will be given. You already know what you need to write your spiritual autobiography. Each workshop will offer readings from authors who have written about their spiritual journeys. Writing prompts will be given to get you started writing the story of your life. There will be no requirement to share with the group or the instructor. Discussions will include group pilgrimage possibilities.

**Recommended:** Student purchased books "Bird by Bird, Some Instructions on Writing and Life" by Anne Lamott; and "The Pen and the Bell, Mindful Writing in a Busy World" by Brenda Miller and Holly J. Hughes. Both available at Amazon for \$1 to \$17 each.

**Instructor:** Charlene Vincent, p. 37

## WEDNESDAY ▼ Continued

**NEW MIND/BRAIN 101: AN INTRODUCTION**

April 9 – May 14, 1:30 to 3 p.m.

6 sessions, \$40

Improve your understanding of the mind and the brain. Explore its growth. Learn odd, fun facts. Using TED Talks as a foundation for stimulating discussion, explore topics including mirror neurons and empathy, memory and experiences, decisions and behavioral choices and creating happiness.

**Instructor:** Paul Hibschan, p. 33

**MYTHS AND LEGENDS OF FAMOUS LAST STANDS**

April 16, 9:30 to 11 a.m.

1 session, \$10

Are last stands the result of military blunders? Who benefitted from them? How did they get elevated into the realm of myth and the ensuing legend that surrounds them? Or, is there truth somewhere in the overall analysis? Explore four famous or infamous military last stands, separate the myth from the reality and discuss their impact on history.

**Instructor:** Dean Veremakis, p. 37

**NEW CONTEMPORARY WOMEN'S ISSUES: DISCOURSE AND DISCUSSION**

April 16 – May 7, 11:30 a.m. to 1 p.m.

4 sessions, \$30

Ignite an informal exchange of ideas and information by and about women. Each week's group discussion will center on pre-selected topics or specific print articles that reflect what's currently trending. Reading selections will be sent in advance of each class meeting.

**Required:** Internet skills and a love of stimulating conversation.

**Instructor:** Lee Marshall, p. 34

**NEW FINDING FLORIDA: THE TRUE HISTORY OF THE SUNSHINE STATE**

April 16 – May 21, 1:30 to 3 p.m.

6 sessions, \$40

Transform your understanding of our state. T.D. Allman's "Finding Florida" argues that virtually everything we thought we knew about Florida is wrong. In this work he attempts to correct Floridians' assumptions about the real issues and problems in our "state of dreams."

**Required:** "Finding Florida: The True History of the Sunshine State" by T.D. Allman. Available at bookstores and online.

**Instructor:** Shirley Leckie Reed, p. 36

**NEW LASERS IN EYE CARE: ENHANCING SAFETY, ACCURACY AND VISION**

April 23 – April 30, 9:30 to 11 a.m.

2 sessions, \$20

Deepen your knowledge of eye and vision care. Learn how the field has been redefined through the use of lasers. From cataracts to glaucoma, macular degeneration, diabetes and so much more, lasers now represent the standard of care. Learn more about lasers — in understandable terms — and how they are used in eye care.

**Instructor:** Lou Catania, p. 32

**MY LIST FOR LIFE**

Session 1: April 23, 9:30 to 11 a.m.

Session 2: July 16, 9:30 to 11 a.m.

Each: 1 session, \$10

Assemble critical information now and be prepared in the event of a loss or an emergency. When completed, the list helps make sure that when life throws a curve ball, the right people get called, the right documents are easily located, the bills get paid on time and everyone has your vital information and wishes. My List for Life is an invaluable guide and resource for personal planning and budgeting.

**Instructor:** Ed Waller, p. 37





## SPEAKER SERIES

THIRD FRIDAY  
MONTHLY AT UNF  
1:30 TO 3 P.M.



### IMPROVE YOUR INTERNET SEARCH SKILLS

May 7 – May 21, 9:30 to 11 a.m.

3 sessions, \$25

Learn the basics of the Internet and develop your search skills. Through presentation, demonstration and practice, learn how popular search engines work, tips to find what you want more quickly and easily, additional online searching options and where to turn for more help.

**Instructor:** Stephanie Weiss, p. 37

### THE STRING THEORY – LEARN TO KNIT

May 7 – June 18, 1:30 to 3:30 p.m.

7 sessions, \$55

Learn to knit more than your brows! This course is perfect for both beginning and advanced knitters. Come knit one and purl two with your OLLI friends.

**Required:** Materials list will be supplied by the instructor.

**Instructor:** Sandy Ernstsén, p. 32

### PREPARING YOUR HOME FOR SALE: A GUIDE TO HOME STAGING

Session 1: May 7 – April 21, 11:30 a.m. to 1 p.m.

Session 2: July 23 – Aug. 6, 11:30 a.m. to 1 p.m.

Each: 3 sessions, \$25

The real estate market has changed dramatically in the past several years. Learn how home staging affects your sale price, equity and home marketability. This course will answer all your questions about the process, cost, hows and whys of getting your home ready to sell. Real life examples will be used. Student questions and participation in discussion are encouraged.

**Instructor:** Melissa Marro, p. 34

### **NEW** INSHORE FISHING 101

May 7, 1:30 to 3 p.m.

1 session, \$10

North Florida is one of the best inshore fisheries in the world! Learn how to get started or hone your skills as an inshore fisher. From targeted species, to rod and reel selection, line, knot tying, lures, tackle and techniques discover how to catch more fish!

**Instructor:** Rory Gregg, p. 33

### **NEW** UNDERSTANDING THE ECONOMY AND INVESTMENTS

May 14 – June 4, 3:30 to 5 p.m.

4 sessions, \$40

Enrich your basic understanding of different types of investments and how the economy will impact their performance. Discuss everything from stocks and bonds to mutual funds and annuities, as well as impact of gross domestic product, federal open market committee and producer price index will have on those investments.

**Instructor:** Jim Newman, p. 35

### **NEW** “CANTERBURY TALES:” THE PROLOGUE

June 4 – July 2, 1:30 to 3 p.m.

5 sessions, \$35

Gather with Geoffrey Chaucer at the Tabard, an inn in London’s Southwark, as he introduces readers of “The Canterbury Tales” to the storytellers. With humor and irony, Chaucer creates a motley tapestry of medieval characters, affording us a very special view into their characters, their stations in life and medieval life in general.

**Instructor:** Margret Sander, p. 36

## WEDNESDAY ▼ Continued

### ALL ABOUT CRAFT – THE ABCs OF GOOD WRITING

July 9 – Aug. 13, 11:30 a.m. to 1 p.m.

6 sessions, \$40

Calling all writers, would-be writers, journalists and novelists: Join us for interactive sessions in which we explore and practice the must-do, must-have basics. Does your point of view wander and confuse your readers? Does your writing do more telling than showing? Is your dialogue authentic and well-paced? Is your narrative clear in mood and tone? Are your endings not the end? We'll do what writers do: Write, both in class and at home. Everyone will be encouraged, but not forced, to share short samples. Constructive critique will be about words, not authors. Our goal is to improve our writing no matter the genre or skill level.

**Instructor:** Susan Shipe Calfee, p. 32

### NEW PHOTO ART: ENHANCING YOUR PHOTOGRAPHY

July 9 – July 23, 11:30 a.m. to 1 p.m.

**ED-venture** July 30, First Street Gallery (followed by Dutch-treat lunch at Lillie's Coffee Bar)  
3 sessions, \$25

Transform your ordinary photographs into extraordinary art. Learn techniques and tips using a variety of free, Internet-based software tools. Convert your photos into wall art, books, cards and more.

**Required:** Flash drive

**Instructor:** Melinda Bradshaw, p. 31

### NEW MAPLE LEAF - A NATIONAL HISTORIC LANDMARK SHIPWRECK SITE

July 9 – 23, 1:30 to 3 p.m.

**ED-venture** July 30, Mandarin Museum and Historical Society, 1:30 to 3 p.m.

4 sessions, \$40 (Fee includes museum admission)

Ignite your interest in local Civil War maritime history. Learn the national significance of the Maple Leaf, sunk April 1, 1864 and now buried in the St. Johns River near Mandarin. Chronicle the ship's Canadian history and involvement in the Civil War. Examine modern exploration and discovery as well as complex legal issues surrounding excavation and artifact recovery. Examine the quantity and variety of cultural material in a state of near perfect preservation. Dialog on topics surrounding the duties, obligations and responsibility of Florida citizens arising from their role as the wreck's custodians.

**Required:** Transportation is on your own.

**Instructor:** Keith Holland, p. 33

### AMERICAN MAH JONGG FOR BEGINNERS

July 30, Aug. 1, Aug. 6, Aug. 8, Aug. 13, 12:30 to 2 p.m.  
(Special schedule: meets Wednesdays and Fridays.)

5 sessions, \$35

Learn to play according to the rules of the National Mah Jongg League. Mah Jongg uses a card with specific hands, tiles with values and rules to enrich your experience. This universal game brings friends, both new and old, together. Mah Jongg is a blast from the past that clicks into the future.

**Instructor:** Donna Gruen Berger, p. 31

### SPEAKER SERIES

BACK TO SCHOOL  
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## THURSDAY ▼

### **NEW** IPHONE AND IPAD FOR BEGINNERS

Session 1: April 10, 9:30 to 11 a.m.

Session 2: April 17, 9:30 to 11 a.m.

Each: 1 session, \$10

Are you a first-time user? Learn the basics of your iPhone or iPad. Manage your contact list, send text messages, download music and apps, take photos, manage e-mail and keep your data safe via iCloud.

**Instructor:** John Brown, p. 31

### **TAI CHI FOR BEGINNERS**

April 10 – May 15, 9:30 to 10:30 a.m.

6 sessions, \$40

Learn basic Tai Chi principles and move slowly and gently against resistance. Tai Chi breathing method will be incorporated with these movements to improve balance, posture and muscle tone. Expand your OLLI experience through class participation. Practice at home is encouraged.

**Instructor:** Gary Hickenbottom, p. 33

### **NEW** PROST! BUDWEISER BREWERY TOUR

**ED-venture** April 10, 10 a.m. to noon

1 session, \$35

Explore a commercial producer's process by visiting the brew hall, primary fermentation cellar, the lager cellar and following the product to the packaging facility, quality assurance and finishing cellar. Enjoy a sample direct from a finishing tank! Venue is not accessible to those with assistive mobility devices. Fee includes a branded hat and glass. Post-tour enjoy two free beer samples, pretzels and soft drink in the hospitality lounge.

**Required:** Physical stamina, as you will be on your feet for two hours. No open-toe shoes or shorts. Long pants required. Facilities range from hot to cold, so layered clothing is recommended.

**Coordinator:** Dennis Navin, p. 35



### **PSYCHOLOGICAL TYPE: A TOOL FOR UNDERSTANDING YOURSELF AND OTHERS**

April 10 – May 8, 11:30 a.m. to 1 p.m.

5 sessions, \$35

The idea that personalities can be categorized to allow for a better understanding of individual behavior has been around for centuries: from the early Hippocratic theory of the four humours to Carl Jung's theory of personality type and, more recently, the theories of Carol Gilligan describing women's personality development. This course will focus on Jung's personality theories as interpreted by Katherine Briggs and her daughter, Isabel Briggs-Myers, who developed the widely known personality assessment, the Myers Briggs Type Inventory. Identify your own personal preferences through lecture, light reading and workshop exercises. We'll explore how personality type and personal preferences relate to communication patterns and relationships, leisure time activities and reflective practices.

**Instructor:** Jane Bryant, p. 32

### **NEW** INVESTING IN MARKETABLE SECURITIES: CREATING VALUE AND UNDERSTANDING INVESTING MYTHS

April 17 – April 24, 9:30 to 11 a.m.

2 sessions, \$20

Discover the definitions and characteristics of stocks, bonds, ETFs and other tradable securities. Examine risk and return relationships and how value is actually created. Maximize your understanding of some common investor misconceptions about marketable securities. Build a personal investment portfolio.

**Instructor:** Joseph Steinman, p. 37

## THURSDAY ▼ Continued

**NEW CHEERS! BOLD CITY MICROBREWERY TOUR****ED-venture** April 24, 2:30 to 4 p.m.

1 session, \$15

Intensify your understanding of Jacksonville's first craft brewery. Taste seven to nine craft beers being brewed at the time of our visit to discover why Folio Weekly named Bold City as 2013's Best Microbrewery. Learn how Brian Miller moved from home brewer to head brewer of craft beer in six months. Located in a warehouse by the railroad tracks in an industrial area of Riverside, the venue is owned by the Miller family who bravely left their positions as executives at Blue Cross Blue Shield of Florida in 2008 to establish the first craft brewery in Jacksonville. Learn how the Millers successfully built a brewery from the ground up: financing with an equity loan on their home, scouting a location, obtaining permits, naming the brewery, locating equipment, choosing beer styles, naming the beers, brewing delicious beer, opening the taproom, marketing and distributing the beer, expanding production and market share, converting recipes for larger batches, collaborating with other craft brewers and now celebrating five years in business. Venue fully accessible but parking is in an unpaved lot. Enjoy a Dutch-treat dinner at the warehouse after the program.

**Recommended:** Casual dress, comfortable shoes and the curiosity and desire to discover and enjoy one of Riverside's secret gems.

**Coordinator:** Billie Hayward, p. 33

**NEW ADVANCED IPHONE AND IPAD**

Session 1: May 1, 9:30 to 11 a.m.

Session 2: May 8, 9:30 to 11 a.m.

Each: 1 session, \$10

Calling all intermediate and experienced iPad and iPhone users! Manage your music and photos using iTunes. Download and use Apple apps including: iBooks, podcasts, Find my iPhone, Find my Friends and more. Integrate your Apple device with social media including Facebook and Twitter.

**Instructor:** John Brown, p. 31

**NEW A TOP LEVEL VIEW OF ENERGY**

May 1 – May 15, 9:30 to 11 a.m.

3 sessions, \$25

Transform your understanding of energy. We will start with the sun and then work from the periodic table of elements. Quantitative examples include: nuclear fission, nuclear fusion, conventional energies of combustion of fuels, some explosives and batteries.

**Instructor:** T. Parkinson, p. 35

**NEW TOUGH LOVE: A WOMAN, A MAN AND MOSTLY TROUBLE IN MODERN LITERATURE**

May 1 – July 10, 9:30 to 11 a.m. (Class meets alternate weeks to allow time for reading.)

6 sessions, \$40

Explore novels, plays and poetry from the late 18th century stirrings of Romanticism to recent times. Begin with Johann von Goethe and end with Milan Kundera. While the instructor claims no expertise on romantic tangles, he is eager to explore selected literary with you.

**Instructor:** Walter Mattingly, p. 35

**BACKYARD BIRDS IN NORTHEAST FLORIDA**

May 8 – May 15, 11:30 a.m. to 1 p.m.

2 sessions, \$20

Explore backyard birds common to northeast Florida. Learn about habitats, food preferences, nesting and attracting specific birds. Examine several samples of birdseed and other food, housing options and different styles of feeding stations. Discuss ways to deter feeder annoyances such as squirrels and doves. The only student preparation is an interest in backyard birds.

**Instructor:** Kathie Goodrum, p. 33



## **NEW** REFORM MOVEMENTS IN AMERICAN HISTORY

May 1 – May 29, 11:30 a.m. to 1 p.m.

5 sessions, \$45

Explore the strong, consistent impulse to reform American government and society since the early days of the republic. Some reform movements have been short-lived, while others have existed in one form or another for many years. Working with primary source materials learn about and discuss the reform impulse. Focus on several specific reform movements such as the women's movement, the civil rights movement, the temperance movement, populism and the tea party movement, welfare and the interaction among government, society and the poor.

**Instructor:** Joe O'Shields, p. 35

## **NEW** GREAT BALLROOMS OF THE 1930s

May 8, 11:30 a.m. to 1 p.m.

1 session, \$10

Enrich your appreciation of the Savoy and the Roseland of New York City, and the Palomar of Los Angeles, all major swing era ballrooms. Listen to the music, watch the dances and explore the social forces shaping popular swing culture. Learn how music and dance reveal America's cultural landscape in the 1930s by examining success stories of Louis Armstrong, Chick Webb and Benny Goodman.

**Required:** Students will be expected to familiarize themselves with the course playlist and contribute their own observations about the music and dances.

**Instructor:** Sarah Caissie Provost, p. 36

## **NEW** DISCOVER KINGSLEY PLANTATION AND FT. GEORGE ISLAND'S RIBAUT INN CLUB

**ED-venture**  May 8, 9:30 a.m. to 12:30 p.m.

1 session, \$20

Named for a fort that defended South Georgia, Fort George Island boasts of many rich eco-heritage resources. Visit several of the most important historical sites. Renowned scholar and UNF professor emeritus, Dan Schafer, will present an introductory program about Zephaniah Kinglsey and his wife, Anna Madgigine Jai. A native of Senegal, West Africa, Anna was purchased by Kingsley as a slave and ran the plantation after his death. Tour Kingsley Plantation's grounds and tabby slave quarters to learn about life and work in a slave community during the Kingsley era, 1814-1837. Enjoy spectacular views of the intracoastal waterway and visit St. George Episcopal Church. Built in 1877, the church is one of 12 extant examples of Carpenter Gothic churches that remain in our area. Enjoy a Dutch-treat lunch at the Sanddollar Restaurant, a local favorite. After lunch, why not explore the area on foot or by car?

**Coordinator:** Diane Dyal, p. 32



## **NEW** WHAT'S NEXT FOR YOU AT OLLI?

May 8, 1:30 to 3 p.m.

1 session, free member benefit

Increase UNF OLLI's awareness of how to add depth and dimension to your lifelong learning journey beyond classes and ED-ventures. Join us for a facilitated workshop to explore some of the less formal ways UNF OLLI can engage and support its vibrant community of learners.

**Facilitators:** Janet Myers, p. 35  
and Jeanette Toohey, p. 37



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## THURSDAY ▼ Continued

### **NEW** GET TO KNOW YOUR SAMSUNG GALAXY PHONE OR TABLET

Session 1: June 5, 9:30 to 11 a.m.

Session 2: June 12, 9:30 to 11 a.m.

Each: 1 session, \$10

Discover functions and features you never realized you had on your tablet. Primary focus on Samsung Galaxy tablet owners, though phone users may find benefit. Move over Apple and Microsoft – Samsung competes for market share!

**Instructor:** John Brown, p. 31

### **NEW** AMELIA ISLAND HISTORY AND TROLLEY TOUR

**ED-venture** June 5, 10 a.m. to noon

1 session, \$25

Explore 4,000 years of the island's history. Housed in the historic and renovated Nassau County Jail, the Amelia Island Museum of History's galleries are filled with artifacts and stories that chronicle the heritage of the native Timucua people, Spanish and French explorers, pirates and genteel Victorian-era residents. Following a docent-led tour of the museum, enjoy a Dutch-treat lunch at Brett's Waterfront Café. Then hop on a trolley for a tour of historic Fernandina Beach, Old Town and other points of interest. The trolley driver will relate interesting stories about the history of the area.

**Recommended:** Sunscreen, water, a hat and foul weather gear. Both tours are physically easy, as you will be seated much of the time.

**Coordinator:** Linda Ward, p. 37

### **NEW** INVESTOR PROTECTION: HOW TO AVOID PONZI SCHEMES AND UNSUITABLE INVESTMENTS

June 5 – June 19, 3:30 to 5 p.m.

3 sessions, \$25

Resist becoming a victim of the “Bernie Madoffs” of the world. Gather practical effective tools to protect yourself from salesmen who don't have your best interests in mind. Discuss everything from criminal behavior to the suitability of insurance products like annuities and life insurance. Explore tricks used against you and discover a road map to better protect your investments.

**Instructor:** Ben Wuerffel, p. 38

### **NEW** ART OF OUR TIME: A BEGINNERS GUIDE TO CONTEMPORARY ART

Classroom: June 26, 1:30 to 3 p.m.

**ED-venture** July 10 and July 24, 1:30 to 3 p.m.

3 sessions, \$25

Increase your knowledge and appreciation of contemporary art. An introductory lecture at UNF is followed by two staff-led programs at Jacksonville's Museum of Contemporary Art, a cultural resource of University of North Florida. Discover behind the scenes views of the artists, works and exhibitions. Amplify your understanding through an intimate conversation with Caroline Lathan-Stiefel, an installation artist who will be in the process of creating a site-specific work at MOCA.

**Recommended:** “Why a Painting is Like a Pizza” by Nancy G. Heller, available online and at booksellers.

**Coordinator:** Lauren Spencer, p. 36

## SPEAKER SERIES

BACK TO SCHOOL  
WITH UNF OLLI  
SEE PAGE 3





## FRIDAY ▼

### **NEW** INTRODUCING BAPTIST HEALTH'S AGELESS WISDOM

April 4, 9 to 11 a.m.

1 session, \$15

Location: Baptist Institute's Metro Square Conference Center (Emerson St. and Philips Hwy.)

Join Baptist's AgeWell Institute for a practical, highly interactive and experiential workshop that explores normal aging, disease factors affecting aging and strategies to address both. Targeted to caregivers, the workshop provides strategies to understand and help your loved ones as well as tips and tools to help you monitor services provided by professional caregivers.

**Instructor:** Toni Bonfili, p. 31

### **GREAT DECISIONS 2014**

April 4 to May 23, 9:30 to 11 a.m.

8 sessions, \$50

Stretch your knowledge of current affairs with an in-depth discussion on specific national and international topics of current foreign policy concern. Topics include: political Islam in Africa, China's foreign policy, Turkey, Israel, energy independence, economic statecraft and trade, defense and rise of new technologies, food security and climate change. Each session begins with a 30-minute film of expert commentary followed by one hour of highly participatory collegial discussion. Weekly preparation involves advance reading of 10–12 pages from the course booklet and supplemental reading materials provided by course facilitators via e-mail.

**Required:** "Great Decisions 2014" (\$20 plus shipping), available online from the Foreign Policy Association's bookstore ([www.fpa.org](http://www.fpa.org)) or by calling (212) 481-8100. The booklet must be purchased at least two weeks prior to the first session.

**Facilitators:** John Fischer, p. 32  
and Ralph Sawyer, p. 36



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or call (904) 620-4200



### **FLORIDA FRIENDLY LANDSCAPING**

April 11 – May 2, 9:30 to 11 a.m.

4 sessions, \$30

Succeed in creating your Florida-friendly landscape. By implementing nine principles, you can enjoy beauty, low maintenance, variety and desired wildlife visitors. Learn how to plant the right plant at the right place, partner plants with similar needs, the proper fertilization of various plants and efficient watering practices that protect our waterways and streams. Discover landscaping tips and see examples of Florida-friendly landscape designs. Environmental protection begins in your yard! A properly maintained Florida-friendly yard can help homeowners conserve water and reduce pollution of water resources.

**Instructors:** Mike Zeman and Paula Zeman, p. 38

### **MUNICIPAL BONDS: A FOUNDATION OF QUALITY**

Session 1: April 18, 9:30 to 11 a.m.

Session 2: Aug. 15, 9:30 to 11 a.m.

Each: 1 session, \$10

Learn how to supplement retirement income, manage portfolios, market exposure and reduce income tax liability. Tax-exempt municipal bonds may be part of a personalized strategy to benefit and enhance a portfolio. Discuss investment features of municipal bonds and the bond market. Explore the federal tax exemption benefits of these securities, credit quality, types of bonds available, strategies for investing and historical yield levels.

**Instructor:** Jerry Seebol, p. 36

## FRIDAY ▼ Continued

### ESSENTIAL FRENCH GRAMMAR AND READINGS, PART XII

May 9 – June 20, 10 to 11:30 a.m.

7 sessions, \$15

This intermediate-level course emphasizes French grammar through the completion and correction of written exercises. Focus on comprehension, pronunciation and conversational skills in the reading of French texts.

**Required:** “Le Français Essentiel 3, Fundamentals of French” by Gail Stein (ISBN 1-56765326-X) and “Contes et Légendes de France, A collection of French Tales” by André Vary (ISBN 0-8442-1212-5). Both available from Amazon.

**Prerequisites:** Previous OLLI French classes, one year of college or two years of high school French. Students who meet the prerequisites are welcome to join the class without having completed earlier modules.

**Instructor:** Mary Ames, p. 31

### DISCOVER JAXPORT

**ED-venture** July 18, 9:30 to 11:30 a.m.

(Time excludes Dutch-treat lunch.)

1 session, \$15

Transform your knowledge of one of our area’s major economic engines. JaxPort develops, manages and markets publicly-owned facilities to promote the growth of maritime and related industries in Jacksonville and beyond. Tour Blount Island and the cruise terminal by bus. Watch the port at work through its cargo ships, cargo, cranes, containers, wharfs and warehouses. Enjoy a Dutch-treat lunch at the Sanddollar Restaurant.

**Required:** Driver’s license numbers and dates of birth will be collected at the time of enrollment and provided to the port’s security staff. Government issued identification required on the day of the tour. All tour participants must go through the port’s security checkpoint. Cameras allowed.

**Coordinator:** Madeline Jorgensen, p. 34



## SATURDAY ▼

### SPECIAL INTEREST GROUP: PHOTOGRAPHY

May 31, June 28, July 26, Aug. 29, 9 to 11 a.m.

4 sessions, \$15

Calling all UNF OLLI shutterbugs! You are invited to join our newest Special Interest Group (SIG). Whether you are a photography novice, amateur, semi-professional or professional, seize this opportunity to learn, share tips with others and have fun outside the classroom. UNF OLLI members proficient in photography serve as mentors. Monthly meetings at various locations provide opportunities to use your camera, learn new techniques and tweak your skills.

**Coordinator:** Jay Sherline, p. 36





**1400 Annual  
Memberships**

**Staff**

**85% Volunteers  
15% UNF team members**

**200+  
Volunteers  
contribute  
each  
semester**

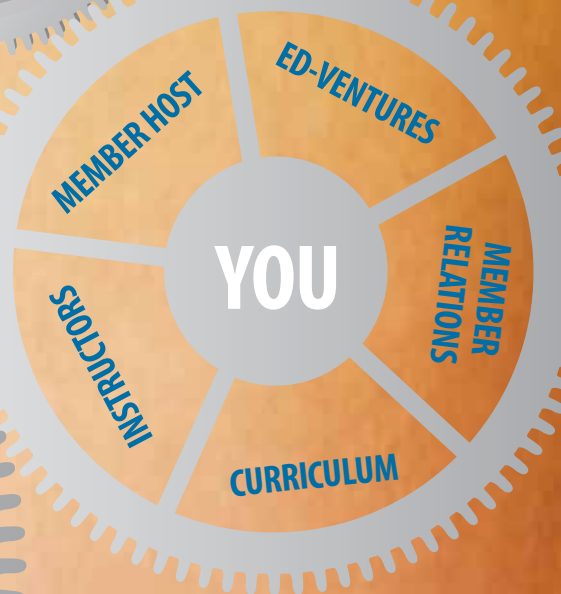
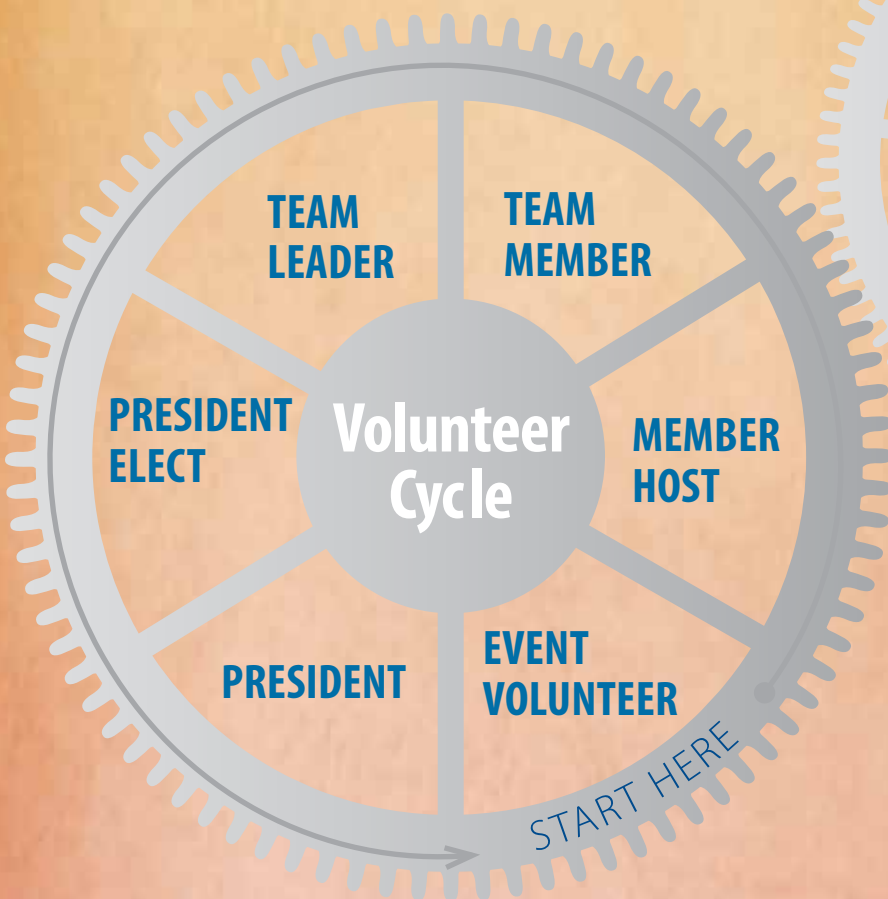
## What Makes OLLI Tick?

UNF VOLLIs (OLLI volunteers) are the heartbeat of our program. They contribute their time, talents, expertise and energies to benefit of our vibrant community of learners.

Eighty-five percent of the work that ensures UNF OLLI's success is performed by VOLLIs. They recruit and support volunteer instructors, teach classes, recruit and support volunteers, host classes, research and coordinate field trips, and plan and host special events.

**Fees  
go towards:**

- Classrooms
- Parking
- Two program staff
- Catalog
- Class materials



As a volunteer-staffed, volunteer-led and member-centered organization, we depend on our members' talents and skills to sustain our program.

Won't you join us by contributing your community service to UNF OLLI? Contact Jeanette Toohey, UNF OLLI Director at (904) 620-1159 or [jeanette.toohey@unf.edu](mailto:jeanette.toohey@unf.edu).



# SPRING 2014

## FLEET LANDING IN ATLANTIC BEACH



1 Fleet Landing Blvd., Atlantic Beach, FL 32233

### MONDAY ▼

#### **IS YOUR HEARING KEEPING UP WITH YOUR LIFE: THE BRIDGE TO BETTER HEARING AND COMMUNICATION**

April 21 – May 5, 10:30 a.m. to noon

3 sessions, \$25

Maximize your hearing and communication. Learn about the anatomy and physiology of how we hear and process sound, and the emotional and physical consequences of untreated hearing loss. Explore the difference between hearing and listening, effective communication strategies for the talker and the listener with hearing loss, and the evolution of hearing aid technology from the 1600s to the present.

**Instructor:** Nancy Gilliom, p. 32

### THURSDAY ▼

#### **BATTLES OF THE CIVIL WAR**

March 27 – May 8, 1 to 2:30 p.m.

7 sessions, \$45

Boost your knowledge of major military campaigns and key battles of the American Civil War with emphasis on the strategies, tactics, leadership, mistakes, successes and aftermath. Included are campaigns in both the eastern and western theaters, and the battles at Shiloh, Chattanooga, Chickamauga, Manassas, Antietam, Chancellorsville and Gettysburg among others.

Recommended: “Decisive Battles of the Civil War” by Lt. Col. Joseph B. Mitchell, available from Amazon.

**Instructor:** Tom Schmidt, p. 36

### WEDNESDAY ▼

#### **NEW THE ELECTRONICS REVOLUTION AND SOCIETY**

April 16 – May 14, 1 to 2:30 p.m.

5 sessions, \$35

Maximize your understanding of how electricity transformed society. Learn how the discovery of electricity connected society and changed nations. Discover how radio evolved from simple broadcasting to the satellite-connected world. Understand how radar and remote-sensing changed war and science. Meet the people who used communications technology to reshape nations and the world.

**Instructor:** James D. Taylor, p. 37

### FRIDAY ▼

#### **NEW CHINESE MAH JONG FOR BEGINNERS**

July 25, 9:30 a.m. to noon

1 session, \$20

Discover the basic principles of the classic Chinese version of Mah Jong in a fun-filled presentation. Instruction will cover, but is not limited to, history, identifying the various tiles, game play, strategies and more. Receive helpful handouts during the session.

**Instructor:** Jon Woo, p. 38



# SPRING 2014

## GLENMOOR



235 Towerview Rd., St. Augustine, FL 32092

### MONDAY ▼

#### ST. AUGUSTINE LIGHTHOUSE AND MUSEUM

**ED-venture** June 2, 11 a.m. to noon

1 session, \$25

Discover what goes on behind the scenes at the museum. Enjoy exclusive access to parts of the historic light station not available with general admission tickets. The tour includes the maritime archaeology artifact conservation lab, where members will view authentic shipwreck artifacts recently recovered from the ocean floor. Learn how archaeologists conserve these invaluable resources. Investigate the history of the St. Augustine lighthouse, including a glimpse of life as a lighthouse keeper in the late 1800s at the Keepers' House museum. Your tour will end with the opportunity to climb the lighthouse and enjoy the view from 140-feet above ground. After the tour, enjoy a Dutch-treat lunch at a nearby restaurant.

**Coordinator:** Dennis Navin, p. 35



### TUESDAY ▼

#### **NEW** THE ART OF THE NEW WORLD: PART 1, 1760 TO 1900

May 20 – June 10, 10:30 a.m. to noon  
4 sessions, \$30

Discover the art and artists that defined American identity in the 18th and 19th centuries. Learn about the ideas and institutions that shaped our nation's artistic achievements, as well as the major movements and styles that arose from them. Expand your understanding of Europe's impact on the development of American art. Ignite your interest and develop a base of knowledge you can use.

**Instructor:** Jeanette Toohey, p. 37

### FRIDAY ▼

#### **NEW** FUN WITH BLUEBIRDS

April 4, 1:30 to 3 p.m.  
1 session, \$10

Transform your knowledge of bluebirds. Learn fun facts and habitat preferences. Attract them to your backyard, encourage them to nest there, monitor the nest box and watch the family grow.

**Instructor:** Kathie Goodrum, p. 33

# SPRING 2014

## WESTMINSTER WOODS ON JULINGTON CREEK



25 SR 13, Jacksonville, FL 32259 on the south side of the Julington Creek Bridge

### MONDAY ▼

#### **NEW** ACRYLIC PAINTING FOR BEGINNERS

April 7 – May 12, 10:30 a.m. to noon  
6 sessions, \$40

Whether you are a beginner or a seasoned painter new to the medium, this course is for you. Learn the basics of painting with acrylics. Choose what to paint from week to week. This is a great opportunity to enjoy studio time as well as receive support and encouragement from fellow OLLI artists.

**Required:** 16" x 20" canvas and a set of acrylic paints with brushes

**Instructor:** Nan Ramey, p. 36

### WEDNESDAY ▼

#### **WRITING YOUR SPIRITUAL AUTOBIOGRAPHY: AN INTRODUCTION**

May 7 – May 14, 11 a.m. to 12:30 p.m.  
2 sessions, \$20

Bring your favorite writing instrument on this creative armchair journey through your life. No writing experience is required; no reading assignments will be given. Each workshop will offer readings from authors who have written about their spiritual journeys. Writing prompts will be given to get you started writing the story of your life. There will be no requirement to share with the group or the instructor. Discussions will include group pilgrimage possibilities.

**Instructor:** Charlene Vincent, p. 37

#### **IS YOUR HEARING KEEPING UP WITH YOUR LIFE: THE BRIDGE TO BETTER HEARING AND COMMUNICATION**

July 9 – July 23, 9:30 to 11 a.m.  
3 sessions, \$25

Maximize your hearing and communication. Learn about the anatomy and physiology of how we hear and process sound, and the emotional and physical consequences of untreated hearing loss. You will understand the difference between hearing and listening, effective communication strategies for the talker and the listener with hearing loss, and the evolution of hearing aid technology from the 1600s to the present.

**Instructor:** Nancy Gilliom, p. 32

### THURSDAY ▼

#### **NEW** FUN WITH BLUEBIRDS

June 5, 10:30 a.m. to noon  
1 session, \$10

Transform your knowledge of bluebirds. Learn fun facts and habitat preferences. Attract them to your backyard, encourage them to nest there, monitor the nest box and watch the family grow.

**Instructor:** Kathie Goodrum, p. 33

# FACULTY

**Joe Adir** received a doctorate in pharmaceutical sciences in 1972 and served various academic positions at colleges of pharmacy for more than 30 years. He developed and taught numerous courses, was awarded multiple grants to conduct his research, and published extensively in peer-reviewed publications. He also served in various administrative positions and retired as a dean. In addition to his professional achievements, he has acquired extensive knowledge in computers and taught many computer courses.

**Intermediate Computer Fundamentals, p. 15**

**Mary Ames** has a liberal arts degree in French from St. Xavier University in Chicago and has studied at the Sorbonne in Paris. She holds a teaching certificate from Illinois and has 11 years of experience teaching French in public and private schools in metropolitan Chicago. She has taught French in the OLLI program for six years and has traveled throughout France and to Belgium, Switzerland and Quebec. She is a member of the Alliance Française of Jacksonville and enjoys French culture and conversing with native-born French speakers.

**Essential French Grammar and Readings, Part XII, p. 26**

**Karen Backilman** completed her undergraduate work in psychology at Simmons College and has masters degrees from Harvard and UNF. She has taught regular and special education, and served as teacher, media specialist and principal with the Duval County Public Schools. One of her jobs as principal was to help new principals get organized. Karen has taught OLLI classes in knitting and mystery books.

**Spring Cleaning or Organizing: Giving the Left Side of Your Brain a Turn, p. 10**

**Martha Bennett** is a certified Open-Focus trainer and has more than 25 years of combined experience as a psychotherapist and educator. She holds an M.A. in psychology from the University of West Georgia and is certified by the Hakomi Institute in Boulder, Colorado as a Body-Centered Psychotherapist.

**Open-Focus Brain Training for Golfers, p. 12, 16**

**Donna Gruen Berger** worked in the Florida education system for 40 years. She taught elementary education and science and spent 15 years in gifted education. After retiring in 2008, she learned to play Mah Jongg, something she considers a life-changing experience. She is thrilled to share the pleasure of the game with you.

**Mah Jongg for Beginners, p. 20**

**Toni Bonfili** received her master's degree from UNF's College of Health Science in 1986. She has more than 30 years of work experience in healthcare including 27 years employed by Baptist Health Jacksonville. Her primary focus is providing educational opportunities for Baptist Health employees as well as the Jacksonville community-at-large. She is a proficient educational program facilitator and maintains certifications since 2002. As senior consultant for Baptist's AgeWell Institute she is responsible for community outreach and education, conference planning and providing educational programs to the Baptist Health staff who care for the older adult either as a formal or informal caregiver. A new program launched this November is the Family Caregiver Connection designed to provide support and resources to those employees who are currently the primary caregiver to an elderly loved one.

**Introducing Baptist Health's Ageless Wisdom, p. 25**

**Melinda Bradshaw** is a graduate of The School of Visual Arts at Florida State University. She retired after a 25-year career as a graphic designer and photographer, working mostly for hospital-based public relations and marketing and the local newspapers. This year Bradshaw's work was featured in a solo exhibition titled "Iconic Palms" at Neptune Beach's First Street Gallery. Recently, her work was selected for several exhibitions including the 2006 National Juried Exhibition in Memphis, Tenn., "Through Our Eyes" at Cummer Museum of Art & Gardens and Ponte Vedra Cultural Center's First Annual Members Only juried exhibition. Works in public collections and commissions include Fleet Landing in Atlantic Beach, Leon Medical Center in Miami, Everbank in Jacksonville and Atlantic Beach City Hall Commission Chambers.

**Photo Art: Enhancing Your Photography, p. 20**

**Susan D. Brandenburg** is a professional biographer who enjoys the great privilege of writing the life stories of extraordinary people. A journalist for more than thirty years, Susan has written eight biographies and published four books through her publishing company, Susan the Scribe, Inc. in Ponte Vedra Beach, Fla. Her website is [www.susanthescribe.vpweb.com](http://www.susanthescribe.vpweb.com).

**Writing Your Life Story, p. 12**

**John Brown** has more than 40 years of information technology experience. He has worked in every aspect of IT, including operator, programming, database management, desktop support, server support, network support and managing the staff that carries out these duties. For five years, John has trained IT professionals in PC repair, Microsoft services and computer security.

**Advanced iPhone and iPad, p. 22**

**Get to Know Your Samsung Galaxy Phone or Tablet, p. 24**

**iPhone and iPad for Beginners, p. 21**



**Jane Bryant** worked as a counselor for Florida State College at Jacksonville for 36 years. Throughout her career she worked with students of all ages and in all career fields, individually and in groups through workshops and classes. Jane holds a B.A. in sociology and philosophy and an M.A. in counseling. She also completed postgraduate work in organizational development. **Psychological Type: A Tool for Understanding Yourself and Others**, p. 21

**Susan Shipe Calfee** is wild about words and has been scribbling since childhood. Her published prose and poetry have appeared in print magazines, newspapers and online. Her first book, "St. Augustine A to Z, A Younger Reader's Guide to America's Oldest City" was released in September 2013. **All About Craft and the ABCs of Good Writing**, p. 20

**Louis "Lou" Catania** is an internationally acclaimed clinical educator and author. Catania has written 11 textbooks and more than 125 journal articles. He practiced clinical eye care for more than 42 years in private practice and academic medical centers. Lou currently serves as senior consultant at Nicolitz Eye Consultants, a multi-specialty ophthalmology group in Jacksonville. Additionally, he serves as consultant and adviser to J&J Vision Care and Marco Ophthalmic, Inc. He holds academic rank and is a visiting faculty member at numerous optometry and medical schools at U.S. and international universities.

**Lasers in Eye Care: Enhancing Safety, Accuracy and Vision**, p. 18

**Diane Dyal** is a Jacksonville native who enjoys learning about the history of our area and sharing what she has learned with others in our community. In 2001, Diane was fortunate to be involved in the formation of Untamed Adventures, an outdoor adventure group for women. She volunteers with UNF OLLI to encourage members to learn more about the wonderful paradise called Florida. Prior to retiring, Diane worked in management for more than 30 years with Frank Griffin Motors.

**ED-venture: Discover Kingsley Plantation and Ft. George Island's Ribault Inn Club**, p. 23

**ED-venture: St. Johns Riverkeeper Eco-Heritage Boat Trip**, p. 10

**Sandy Ernstsen** is passionate about creating objects that are both beautiful and useful. She learned to knit the same year she earned her B.A. in design from California State University, Los Angeles. For yarn money, Sandy worked as a graphic designer in the advertising industry.

**The String Theory: Learn to Knit**, p. 19

**Larry Figart** is the urban forestry extension agent for the Duval County Extension Service. He has been a forester for 27 years. He received his degree from the University of Florida in 1985 in forest resources and conservation. Before joining Extension in 2004, he worked for the Florida Division of Forestry for 19 years. Larry received his master's degree in agricultural education and communication in 2008.

**Growing Backyard Citrus in NE Florida**, p. 9

**John Fischer** is a retired management consultant who has been a news aficionado since high school. His professional work in factory management, technology and human resources required extensive domestic and international travel and periodic relocations. His lifelong hobby has been reading: books, newspapers and journals with an emphasis on politics, governance, economics, demographics and culture. However, win or lose, time is always reserved for the Detroit Tigers.

**Great Decisions 2014**, p. 25

**Joseph Fittipaldi** began his teaching career at Boston University. After 25 years in domestic and international sales for a medical device manufacturer, Joe renewed his passion for big band music. His Sunset Beach Ballroom Show was a Friday night staple on WPCA-FM in Amery, Wisc. A big band enthusiast since his first music lesson in 1947, he specializes in big band standards. His dad's job as a vocalist with the Ted Weems Orchestra influenced Joe's choice of music.

**The Big Bands – A Sentimental Journey**, p. 17

**Paula Foster** has been a professional artist for almost 30 years. She enjoys modern impressionistic painting and collages often focused on ethereal themes. She has studied with numerous well-known artists in Jacksonville and has taught art classes for employees of Nemours Children's Clinic and students at the North Florida School Special Education for two years. She is currently teaching classes in her studio for beginning and intermediate students. Her works have been exhibited in numerous galleries, most recently at Avondale Artworks. She has been published in both Skirt Magazine and ABYSS Arts and Entertainment Magazine.

**Studio Art Painting**, p. 17

**Nancy Gilliom** received her doctorate from Purdue University. She has been in private practice in Jacksonville since 1995. She seeks to provide excellent care that is backed by the power of an extensive education. Nancy believes in educating her patients and the community regarding hearing loss, prevention and rehabilitation. She has presented to numerous community outreach programs, written several editorials for local media and continues to promote better hearing. She is a member of the Academy of Doctors of Audiology and American Academy of Audiology. She is the past editor for "Audiology Practices" and "Feedback," official publications of the ADA.

**Is Your Hearing Keeping Up With Your Life: The Bridge to Better Hearing and Communication**, p. 28, 30



**Julie Giuliani** is a retired educator and administrator. Her research has focused on caregiving and the use of technology. She has presented at caregiving conferences and the Elder Attorney Bar Association.

**Drones, Apps and Robots: Aging In Place Technology, p. 9**

**Alan Gleit** received his Ph.D. from Stanford in mathematics with a minor in physics. He was a professor for many years in various departments, including mathematics and statistics at multiple universities. Following his career as a tenured professor, he started a second career in risk management working for several large financial institutions.

**Quantum Fields, p. 9**

**Dixie Guill Golden** is writer, poet, teacher and blogger, whose books since retirement include a chapbook of poetry, "Wingwalking: Poems," "Unfinished Conversations," a novel that tells about a woman's journey to reclaim her identity during the last quarter of the 20th century, and a mystery in progress, "Unnumbered Days." She holds both an M.A. and B.A. in English, mentors other writers and enjoys creating and teaching new OLLI classes.

**Mind Shifting, p. 11**

**Kathie Goodrum** is a retired banker with a background in education. In the last 14 years of her banking career, she worked for a banking software company, training bank employees to use the software and preparing data for conversion. Kathie has been a backyard bird enthusiast for many years and was fortunate enough to find her perfect retirement job at Wild Birds Unlimited, where she shares her love of backyard birds and expands her own knowledge.

**Backyard Birds in Northeast Florida, p. 22**

**Fun with Bluebirds, p. 29, 30**

**Rory Gregg**, a lifelong angler, was born and raised in Atlantic Beach. A graduate of UNF, he is a tournament angler and fishing guide with more than 30 years local inshore fishing knowledge and experience. Additionally, he is a writer for two regional outdoor publications, a seminar host and appears on national television broadcasts. When not on the water Rory enjoys spending time in the outdoors with his wife Tammy and his son, Caelon.

**Inshore Fishing 101, p. 19**

**Jo Ann Hart** has been a member of the St. John's County Turtle Patrol for 13 years. She has followed many mama turtles' tracks to discover new nests and has helped many babies emerge and find their way to the ocean. She would love to share these events and stories with you. Jo Ann is a native of Virginia and graduate of the College of William and Mary and the University of Virginia. She has had careers in bookstore ownership and banking. Jo Ann and her husband, Sam, moved from Washington, D.C. to Jacksonville in 1994.

**A Guide to Sea Turtles by a Turtle Patroller, p. 15**

**Samuel Hart** has experience as a soldier, diplomat and teacher. He holds degrees from the University of Mississippi, the Fletcher School of Law and Diplomacy and Vanderbilt University. He also attended the John F. Kennedy School of Government at Harvard. His military experience includes duty as a paratrooper and general's aide. For 27 years, he was a diplomat with the U.S. Department of State, serving overseas in Latin America, Southeast Asia and the Middle East. From 1982 through 1985, he served as U.S. ambassador to Ecuador. Since retirement from State, Sam has been a business consultant and lecturer on American foreign policy at numerous colleges and universities and for 15 years on cruise ships. Hart is active in the World Affairs Council and other volunteer organizations.

**Focus On Foreign Policy, p. 10**

**Billie Hayward** became a full time community volunteer after a career as psychiatric clinical nurse specialist. She contributes her time and talents to the arts and UNF OLLI. As a resident of Riverside, she enjoys planning and coordinating ED-ventures that introduce OLLI members to her neighborhood's gems.

**ED-venture: Cheers! Bold City Microbrewery Tour, p. 22**

**Paul Hibschan** has been a licensed clinical social worker for more than 30 years. He is a psychoanalytic psychotherapist certified by the Washington Psychoanalytic Foundation and served on faculty of the Washington School of Psychiatry, the Washington Psychoanalytic Institute and other post-doctoral programs.

**Mind/Brain 101: An Introduction, p. 18**

**Gary Hickenbottom** is certified as an instructor for Tai Chi for Arthritis and was an assistant tai chi instructor at the Jim Fortuna Senior Center. As a strong advocate of this ancient form of exercise, he believes that the regular practice of tai chi reduces stress and creates a sense of calm and confidence. Gary has been an OLLI member since 2010 and enjoys taking classes, especially ones that focus on brain training and creativity.

**Tai Chi for Beginners, p. 16, 21**

**Howard Hodor** retired after 35 years' experience in commercial and residential real estate development. He served as founding chairman of Gainesville's Council for Economic Outreach and received the governor's appointment to the Southern Growth Policy Board and Florida Council of 100. Howard served as administrative committee chairman of the board that founded Enterprise Florida. At the request of the governor, he assumed the responsibilities of president and CEO of that organization for 18 months.

**Current Events, p. 11, 14**

**Keith Holland** was born and raised in Jacksonville. He has practiced dentistry here for 38 years and is a past president of the Jacksonville Historical Society.

**The Maple Leaf: A National Historic Landmark Shipwreck Site, p. 20**

**Chuck Hubbuch** is an assistant director of Physical Facilities at UNF who previously worked at the Jacksonville Zoo and Gardens and the Fairchild Tropical Garden in Miami. Hubbuch is a self-described obsessed gardener. He recently launched his own website called SoutheastGarden.com, which documents his greenthumbed experiences in northeast Florida.

**Guided Tour of the UNF Sawmill Slough Preserve, p. 13**

**Belinda Hulin** was stirring gumbo pots before she could walk. At the knees of her Cajun mother and grandmothers, she learned the joys of seasonal seafood and produce and the seduction of spicy, roux-based soups and fricassees. Born in Lafayette, La., and reared in New Orleans, Belinda inhaled the heady spices of country Acadian and city Creole cuisines and embraced their magic. She is the author of "Roux Memories: A Cajun-Creole Love Story with Recipes," as well as other cookbooks. She has had a long career writing about food and entertaining for magazines and websites, including the Florida Times-Union and Water's Edge.

**Your Table, Your History: Writing Your Family Cookbook, p. 15**

**Jake Ingram** is a retired landscape architect who moved back to his hometown of Jacksonville seven years ago, after being away for 35 years. From 1998 until 2005 Jake was the staff landscape architect for the St. Joe Company's projects in Walton County where only native plants were used in all landscaping. Since retiring he's been involved in several pro bono projects in the Riverside/Avondale area and maintaining his own native landscaped yard and productive food plot. Jake has been a member of the Florida Native Plant Society for 12 years.

**Maintenance of Native Plants in a Residential Landscape, p. 13**

**Bill Jones** is a retired NASA research scientist with degrees from Pasadena City College and Stanford University. He holds degrees in engineering physics, physics, aerospace sciences and mathematics. His research focus was in plasma physics, magneto hydrodynamics, boundary layer flow, radiative transfer, computer simulation of nonlinear plasma waves, fast Poisson solvers and Earth's bow plasma shock wave prediction, algorithm development for parallel supercomputer (ILLIAC IV 64p), computer networking and inter-platform data conversion utilities. He created NASA's Science Internet Project linking all NASA facilities, and built the first international internet gateway using high-speed packet switching. His scientific work led to the connection of all federal networks, and commercial fiber networks using the Space Act. His current interests are in quantum physics and uncertainty, quantum computing after Feynman and unsettled issues in science and theology, dark matter and dark energy. He is active as a teacher and tutor.

**Living Issues in Philosophy: Introduction to Logic, p. 13**

**Madeline Jorgensen** is a founding member of UNF OLLI. She served on its advisory board and led its activities committee. As a member of the ED-ventures Team, she continues to pursue her passion for organizing interesting field trips for OLLI members. Madeline organizes tours of the Federal Reserve, Epping Forest and Everbank Field among others. The JaxPort tour is a favorite.

**ED-venture: Discover JaxPort, p. 26**

**Bill Laird** is a financial adviser for Dixon Hughes Goodman's Jacksonville office. He is one of only 1,300 individuals nationwide to hold both the Certified Financial Planner and Chartered Financial Analyst certifications and has 14 years of experience in the wealth management industry. Laird's specialty is assisting clients through major life transition events such as retirement, divorce, death and long-term care decisions. He dedicates significant time to the community through Rotary International, Clay County Senior Advocacy and Second Harvest Food Bank. He was recently honored as one of Jacksonville's "Top 40 Under 40" by the Jacksonville Business Journal. Laird is married with two children and is the primary decision maker and caregiver for both his father and uncle, who suffer from dementia.

**Successful Life Transitions, p. 14**

**Melissa Marro** is one of the top home staging industry professionals. She is one of the most requested speakers and has given the keynote address at the Real Estate Staging Association (RESA) annual convention three times. Melissa is a featured educator at national staging expos and regional vice president for RESA. She is known for engaging her audience in a no-nonsense fashion. Offering years of hands-on experience, Melissa has helped shape the industry and develop best business practices.

**Preparing Your Home For Sale: A Guide to Home Staging, p. 19**

**Lee Marshall** is an OLLI instructor whose courses focus on contemporary women's issues. Marshall retired after more than 20 years as an area director for several national health agencies in New York and, most recently, as a founding partner and principal of Non-Profit Planning Associates, a consulting firm specializing in strategic planning and leadership training. She holds a B.A. in social sciences from Mercy College in Dobbs Ferry, N.Y. and she completed her graduate studies in psychology and English at Manhattanville College in Purchase, N.Y.

**Contemporary Women's Issues: Discourse and Discussion, p. 18**

**Roshan Massey** was born and educated in India. After completing his M.B.A. in England he spent most of his working life in Australia. Roshan is a travel enthusiast who has taken groups on tours of India, Kashmir, Nepal and, now, Myanmar. When he was much younger, he took groups by road from England to India and from England to North Africa.

**Travels in South Asia: Myanmar and India, p. 11**

**Walter Mattingly** earned a B.A. in English from Loyola University of New Orleans and an M.A. and A.B.D. in English literature from the University of Florida. He served as a lieutenant in the U.S. Infantry. Walter is an operating partner for a franchise of Popeye's Fried Chicken in the north Florida region and Woody's BBQ, as well as a proprietor of his own restaurant. He enjoys reading writing, singing and visiting grandchildren.

**Tough Love: A Woman, a Man and Mostly Trouble in Modern Literature, p. 22**

**Connie McAuliffe** is a retired management consultant and college instructor. Her area of expertise in business and education is communication. She holds a B.A. in English from Bucknell University in Lewisburg, Pa and an M.Ed. from Cabrini College in Radnor, Pa. Connie is a lifelong, avid reader, has spent time as a journalist and continues to write both fiction and poetry.

**Creative Writing in a Safe Place, p. 16**

**Writing Personal Poetry, Part II, p. 13**

**Mary Ann Miller** is a professional artist, author and retired art educator. She recently published "More Travels with a Blue Vase: Paris and Beyond," her second book of watercolor sketches around the world. She has taught OLLI classes in travel sketching for three years, filling every time.

**Travel Sketching, p. 17**

**Janet Willner Myers** enjoyed a 40-year career in elementary education. Throughout those years, she was an assistant principal and taught grades three through six, Spanish and classes for the gifted. Janet holds a B.A. in American history from the University of California at Berkeley and both an M.A. and Ed.D. in educational leadership from UNF.

**What's Next for You at OLLI?, p. 23**

**Dennis Navin** retired in 2006, after running a business in upstate New York. While in New York, Dennis was on the board of directors of the Ingersoll Home, an assisted living facility. After retiring, he moved to Tucson, Ariz. where he volunteered at Habitat for Humanity and Tucson Medical Center. Dennis believes in giving back to his community, and is becoming more involved with UNF OLLI.

**Prost! Budweiser Brewery Tour, p. 21**

**St. Augustine Lighthouse and Museum, p. 29**

**Jim Newman** is a senior vice president with Janney Montgomery Scott LLC, one of the oldest firms in the industry. He volunteers his time as an investment instructor with the Duval County Schools continuing education division. Newman has been an adjunct professor at Jacksonville University, UNF and Florida Community College of Jacksonville. He taught courses to CPAs and attorneys that counted toward their Continuing Education Professional (CPE) credit hours.

**Understanding the Economy and Investments, p. 19**

**Kenneth Nimmich** is a retired FBI agent who served in the FBI Laboratory as a chief of the scientific analysis section and chief of research and training. He holds a B.S. in chemistry and an M.S. in forensic science. He served as a consultant to the U.S. Government for an additional 10 years on forensic matters related to terrorism.

**CSI: How Do They Do That? Forensic Science for Everyone, p. 17**

**Joe O'Shields** is a practicing lawyer in Jacksonville. He has a lifelong love of history and earned degrees in that discipline from the University of South Carolina (B.A.) and from UNF (M.A.). He is an active communicant at St. John's Episcopal Cathedral, has mentored an Education for Ministry class for 12 years and practices as a spiritual director. He enjoys riding his bicycle, practicing yoga and being a grandfather.

**Reform Movements in American History, p. 23**

**T. Parkinson** holds a B.S. in physics from now Carnegie Mellon University and a doctorate in physics from the University of Pittsburgh. He spent five years studying planetary atmospheres at Kitt Peak National Observatory, followed by 23 years of applied physics in commercial product development and conducting contract research and development on underwater weapons for the Department of the Navy.

**A Top Level View of Energy, p. 22**

**Terrance Patterson** is a clarinetist who founded and currently serves as artistic director of the Ritz Chamber Players. A native of Jacksonville, Patterson performed in Paris, London, Milan, Brussels, Belgrade, Munich, Amsterdam, Moscow, Washington, D.C., Baltimore, Miami, Philadelphia, Los Angeles and New York. He has performed with the Jacksonville Symphony Orchestra, the Sphinx Symphony of Detroit and Nashville, Florida West Coast, Huntsville, Festival and Las Vegas Symphonies. He attended the Peabody Conservatory of Johns Hopkins University where he studied with clarinetist Lorin Kitt, principal clarinetist of the National Symphony Orchestra.

**Ritz Chamber Players Presents African-American Composers, p. 15**

**Bill Prince** has maintained two musical career paths, one as a performer and the other as a teacher. He has performed with many musical giants including Buddy Rich, Dave Brubeck, Dizzy Gillespie, Henry Mancini, Tony Bennett, Arturo Sandoval and Ella Fitzgerald, as well as with a number of symphony orchestras. Bill has taught at five universities in three countries and has lectured on more than 70 campuses. One of Bill's most unique talents is his ability to perform professionally on several instruments including trumpet, flugelhorn, trombone, flute, clarinet, saxophone, piano and bass. He produced his own CD, "Happy Thoughts," for which he composed, arranged and performed all parts.

**Classical Music and All That Jazz, p. 14**

**Musical Failures and Mishaps, p. 15**

**What is Jazz?, p. 14**

**Sarah Caissie Provost** is an assistant professor of musicology at UNF, where her research focuses on 1930s music and dance. A flutist by training, her life took a new direction when she began dancing the lindy hop, the original form of swing dance. Since then, she has danced all over the country and devoted her dissertation to Benny "King of Swing" Goodman.

**Great Ballrooms of the 1930s, p. 23**

**Nan Ramey** was an educator in the Duval County School System for more than 36 years. She had the opportunity to teach acrylics in the classroom and remains active as a painter.

**Acrylic Painting for Beginners, p. 30**

**Shirley Leckie Reed** is professor emerita in history from the University of Central Florida and now a resident in the welcoming city of Jacksonville.

**Finding Florida: The True History of the Sunshine State, p. 18**

**John Reeve** retired from the advertising and publishing industry. A Silver Life Master with more than 1,600 Master Points, John frequently competes in regional and national bridge tournaments.

**Intermediate Bridge I, p. 12**

**Intermediate Bridge II: Simple Conventions and Two-Suited Bids, p. 14**

**Glenn Ross** has been an OLLI member for four years and now teaches in the program. He is president of AllEnergy LLC, a company he started in 2004. As a technical consulting firm, the primary focus of AllEnergy is dispute resolution, mediation, contract interpretation and renegotiation for energy companies. Glenn has worked with clients throughout North America, the United Kingdom, Japan and Europe. He has a B.S. in electrical engineering and an M.B.A.

**Intermediate Woodcarving, p. 12**

**Alan F. Rost** has been part of the zoo world since 1979 and has been an Association of Zoos and Aquariums Professional Fellow since 1988. Rost arrived at the Jacksonville Zoo and Gardens in early 1989.

**21st Century Zoos and the Jacksonville Zoo and Gardens, p. 16**

**Margret Sander** is retired from Florida State College Jacksonville where she taught English as a second language, German, German Humanities and the Foundations of Western Civilization. She was educated in Germany, England and the U.S. and holds degrees in German studies and English. She loves literature and languages.

**"Canterbury Tales:" The Prologue, p. 19**

**Ralph Sawyer** has facilitated or taught more than 25 courses since the inception of UNF OLLI. He is a retired Navy ophthalmologist and was chairman and residency director of the training program at the National Naval Medical Center for 15 years. He has lectured nationally at a number of ophthalmology organizations for 20 years. He has been interested in economics since college and has taught "Poverty in America" and "The Economic Crisis of 2008" in the past several years.

**Great Decisions 2014, p. 25**

**Tom Schmidt** is a retired railroad executive with a lifelong interest in the Civil War. He holds an M.A. in history from the University of North Florida, and has taught American history as an adjunct professor at both UNF and Florida State College at Jacksonville.

**Battles of the Civil War, p. 28**

**Jerry Seebol** is a financial adviser and has been in the financial industry for 24 years. He is a Certified Financial Planner and currently manages a large book of clients, where he focuses on retirement planning. He enjoys hosting educational seminars and community classes.

**Municipal Bonds: A Foundation of Quality, p. 25**

**Jay Sherline** has loved photography most of his life. Handed a small Brownie camera as a young boy, he was hooked! Jay, a semiretired pharmacist, travels with his cameras always at the ready. Currently he serves as the photographer for all OLLI activities. His goal, in this new digital age, is for you to be comfortable with and enjoy using your camera.

**Special Interest Group: Photography, p. 26**

**Lauren Spencer** is public programs manager at The Museum of Contemporary Art Jacksonville. MOCA Jacksonville is a private non-profit visual arts educational institution and cultural resource of the University of North Florida, serves the community and its visitors through exhibitions, collections, educational programs and publications designed to enhance an understanding and appreciation of modern and contemporary art with particular emphasis on works created from 1960 to the present.

**Art of our Time: A Beginners Guide to Contemporary Art, p. 24**

**Sally Steinauer** is a Florida Master Naturalist. She has been a member of the Florida Native Plant Society for eight years and is treasurer of the local chapter of the Florida Native Plant Society. She is a co-leader of the city's native plant park restoration committee. Sally received the Riverside Avondale Preservation/Riverkeeper award for Outstanding River-Friendly Yard in 2013. She is also a proud UNF alumna.

**What Are Native Plants And Why Should We Care?, p. 13**



**Joseph Steinman** is originally from Philadelphia, Pa. and holds a B.S. and M.S. in chemical engineering, and an M.B.A. and doctorate in finance. Early in his career, he worked in research for NASA on the space shuttle. Later he spent 19 years in private industry in various financial and general management positions in the United States, Europe and east Africa. He served on the finance faculty of a university in Switzerland for 12 years and UNF for seven years. He has consulted for management throughout the world.

**Investing In Marketable Securities: Creating Value and Understanding Investing Myths, p. 21**

**James D. Taylor** holds B.S. and M.S. degrees in electrical engineering. He worked on the cutting edge of electronics technology as a research engineer for the U.S. Air Force. His books, including "Ultrawideband Radar Applications and Design" (CRC Press, 2012), established his reputation as an expert in radar technology.

**The Electronics Revolution and Society, p. 28**

**Jeanette Toohey** is director of UNF OLLI. Prior to joining our vibrant community of lifelong learners, Jeanette was a professional in the nonprofit sphere. For 25 years she was an art historian who served as a museum curator. As chief curator of The Cummer Museum of Art & Gardens, she led the collections, exhibitions, gardens, library and registration divisions.

**The Art of the New World: Part 1, 1760 to 1900, p. 29**

**What's Next for You at OLLI?, p. 23**

**Dean Veremakis** holds an M.Ed. from Virginia Commonwealth University in adult education and an M.A. from Temple University in American military history. A researcher in the area of U.S. awards, medals and decorations, Dean was president of the Orders & Medals Society from 2000 to 2010. He retired from the U.S. Navy Reserve in 1998 and from the Liberty Mutual Insurance Group in 2006. He has published numerous articles on behavior, leadership and military decorations and medals.

**How a Pair of Spectacles Saved the Republic: A Tale of the Revolution, p. 17**

**Myths and Legends of Famous Last Stands, p. 18**

**Charlene Vincent** holds an advanced master's degree in theology from Boston University and a master's of theological studies from Episcopal Divinity School. She has written two theses: "Giving Voice to Spirituality through Narrative" and "Pilgrimage and Divinity."

**Writing Your Spiritual Autobiography, p. 17, 30**

**Gene Waering** is immediate past-president of the Jacksonville Rose Society. He is a longtime rose hobbyist who concentrates on growing rare and unusual roses from all over the world that are well suited to North Florida gardens. He focuses on sustainable growing without the use of synthetic chemicals.

**You Can Grow Roses in North Florida, p. 14**

**Ed Waller** is a graduate of the U.S. Naval Academy and a career Navy pilot. After retiring in 1999, Ed became a financial adviser. Several years ago, Ed awoke to a major medical event. After a miraculous recovery, he decided that his wife would have been unprepared to handle the household responsibilities if he had died. Ed had seen it many times in his practice: A client lost a spouse or parent only to realize they had no idea where to start looking for the will, what day the electric bill came due or how to access bank accounts and insurance policies. As soon as he recovered, Ed created "My List for Life" to ensure his family and clients would never have to deal with that kind of scenario. Now available to you and your loved ones, this investment can save time and money today and make all the difference when it is needed most.

**My List for Life, p. 18**

**Linda Ward** graduated from Wake Forest University with a B.A. in French and a love of travel. She lived in Asia and in Europe for 15 years where she enjoyed learning about each different city and country. Linda has lived in Jacksonville for the last nine years. She was an accounting specialist at Merrill Lynch prior to retiring. She continues to enjoy world travel and exploring Jacksonville and the surrounding area.

**ED-venture: Amelia Island History and Trolley Tour, p. 24**

**Charles Watson** is a retired middle school teacher, professor, teacher educator who found baking cookies and other pastries to be an advanced form of meditation.

**Getting in Touch with your Inner Cookie, p. 10**

**Stephanie Weiss**, public services librarian at UNF's Thomas G. Carpenter Library, worked for more than five years in the field of education and training before serving as a librarian, first for the Jacksonville Public Library System and then at UNF. Stephanie earned a B.A. in Spanish from Flagler College and an M.S. in library and information studies from Florida State University.

**Improve Your Internet Search Skills, p. 19**

**Gary Whiting** is a freelance photographer and former Fortune 500 marketing executive. After many years in a corporate career, he has gone independent to pursue his vision. A dedicated film photographer since age 12 and now a complete digital convert, his goal is to create uncommon images of nature, landscapes, architecture and machinery. He loves to experiment with different subjects and techniques to create unique works of art. Gary has a B.S.B.A. in marketing and is a lifelong sailor. He is a UF/IFAS Coastal Systems Naturalist. He pursues his interests in photography while cruising Florida waters with his wife and two dogs, and also works part-time at Wild Birds Unlimited. Camera gear always in tow, you never know what he'll see next!

**On Location: Nature Photography, p. 11**

**Jon Woo** was born, raised and worked in Washington, D.C. He learned the Chinese version of Mah Jong by playing with his family and others in the District of Columbia Chinese community. He has taught Mah Jong and led Mah Jong groups for many years.

**Chinese Mah Jong for Beginners, p. 28**

**Ben Wuerffel** is an AIF(R), accredited investment fiduciary, and works as a financial adviser with Capital Analysts of Jacksonville, Fla., Inc. He has extensive experience in comprehensive financial planning and alongside business owners, professionals, retirees and others focused on attaining financial freedom.

**Investor Protection: How to Avoid Ponzi Schemes and Unsuitable Investments, p. 24**

**Mike Zeman and Paula Zeman**, are a husband and wife team who put their passion for landscaping to work by creating "Yard Transformers" three years ago. They are committed to transforming yards from blah to beautiful, one home at a time. Paula has 30 years of construction experience working for firms building custom homes with outdoor living spaces.

**Florida Friendly Landscaping, p. 25**



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